
































## Ogunquit, Perkins Cove, ME - Nov 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:53	8.4	8:11	8.8	1:39	0.8	2:03	1.1	7:17	5:33	
2	Sun	7:43	9.1	8:06	9.2	1:31	0.4	1:59	0.3	6:19	4:32	
3	Mon	8:30	9.8	8:58	9.5	2:20	0.0	2:51	-0.5	6:20	4:31	
4	Tue	9:16	10.4	9:49	9.8	3:08	-0.3	3:42	-1.2	6:21	4:30	
5	Wed	10:03	10.9	10:41	9.9	3:55	-0.6	4:32	-1.6	6:23	4:28	
6	Thu	10:52	11.2	11:33	9.8	4:44	-0.6	5:23	-1.8	6:24	4:27	
7	Fri	11:42	11.2			5:34	-0.5	6:16	-1.8	6:25	4:26	
8	Sat	12:26	9.6	12:35	10.9	6:26	-0.2	7:10	-1.4	6:26	4:25	
9	Sun	1:21	9.2	1:31	10.5	7:20	0.1	8:07	-0.9	6:28	4:24	
10	Mon	2:21	8.8	2:32	9.9	8:19	0.6	9:09	-0.4	6:29	4:23	
11	Tue	3:25	8.5	3:38	9.4	9:24	1.0	10:14	0.1	6:30	4:22	
12	Wed	4:30	8.4	4:45	9.0	10:33	1.2	11:18	0.4	6:32	4:21	
13	Thu	5:33	8.3	5:51	8.7	11:42	1.3			6:33	4:20	
14	Fri	6:34	8.5	6:55	8.5	12:20	0.6	12:49	1.2	6:34	4:19	
15	Sat	7:29	8.7	7:53	8.4	1:17	0.8	1:49	0.9	6:35	4:18	
16	Sun	8:17	8.9	8:44	8.4	2:08	0.9	2:41	0.6	6:37	4:17	
17	Mon	9:00	9.1	9:30	8.3	2:53	1.0	3:27	0.4	6:38	4:16	
18	Tue	9:38	9.2	10:12	8.3	3:33	1.1	4:08	0.2	6:39	4:15	
19	Wed	10:15	9.2	10:52	8.2	4:10	1.2	4:46	0.2	6:40	4:14	
20	Thu	10:51	9.2	11:30	8.1	4:46	1.3	5:22	0.2	6:42	4:13	
21	Fri	11:26	9.1			5:21	1.4	5:58	0.3	6:43	4:13	
22	Sat	12:07	8.0	12:01	9.0	5:56	1.5	6:33	0.4	6:44	4:12	
23	Sun	12:44	7.8	12:38	8.9	6:33	1.6	7:11	0.5	6:45	4:11	
24	Mon	1:22	7.7	1:16	8.8	7:11	1.7	7:51	0.7	6:47	4:11	
25	Tue	2:03	7.6	1:59	8.7	7:54	1.8	8:35	0.7	6:48	4:10	
26	Wed	2:48	7.6	2:47	8.6	8:41	1.9	9:22	0.8	6:49	4:10	
27	Thu	3:36	7.7	3:40	8.5	9:34	1.8	10:11	0.8	6:50	4:09	
28	Fri	4:27	7.9	4:36	8.4	10:31	1.6	11:02	0.7	6:51	4:09	
29	Sat	5:18	8.3	5:35	8.5	11:30	1.2	11:55	0.6	6:52	4:08	
30	Sun	6:11	8.9	6:36	8.6			12:31	0.7	6:53	4:08	