

































Ogunquit, Perkins Cove, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:28	10.2	9:15	8.7	2:14	0.4	3:06	-0.9	7:14	4:17	
2	Fri	9:25	10.5	10:12	8.9	3:13	0.1	4:03	-1.3	7:14	4:18	
3	Sat	10:22	10.7	11:07	9.1	4:09	-0.1	4:58	-1.5	7:14	4:19	
4	Sun	11:16	10.7			5:04	-0.2	5:50	-1.5	7:14	4:20	
5	Mon	12:00	9.2	12:09	10.6	5:58	-0.3	6:41	-1.4	7:14	4:21	
6	Tue	12:50	9.2	1:01	10.2	6:51	-0.1	7:30	-1.0	7:14	4:22	
7	Wed	1:41	9.1	1:53	9.7	7:44	0.1	8:19	-0.5	7:14	4:23	
8	Thu	2:31	9.0	2:46	9.1	8:39	0.4	9:09	0.0	7:13	4:24	
9	Fri	3:22	8.8	3:42	8.5	9:36	0.7	9:59	0.6	7:13	4:25	
10	Sat	4:14	8.6	4:39	7.9	10:34	1.0	10:50	1.1	7:13	4:26	
11	Sun	5:06	8.4	5:38	7.5	11:34	1.1	11:43	1.5	7:12	4:27	
12	Mon	5:59	8.3	6:39	7.2			12:35	1.2	7:12	4:28	
13	Tue	6:54	8.3	7:38	7.2	12:40	1.8	1:35	1.1	7:12	4:30	
14	Wed	7:47	8.4	8:31	7.3	1:36	1.9	2:28	0.9	7:11	4:31	
15	Thu	8:36	8.6	9:19	7.5	2:27	1.8	3:15	0.6	7:11	4:32	
16	Fri	9:21	8.8	10:02	7.7	3:12	1.6	3:57	0.4	7:10	4:33	
17	Sat	10:02	9.0	10:42	7.8	3:53	1.4	4:36	0.2	7:10	4:34	
18	Sun	10:41	9.2	11:20	8.0	4:32	1.1	5:12	0.0	7:09	4:36	
19	Mon	11:19	9.4	11:55	8.2	5:10	0.9	5:47	-0.2	7:08	4:37	
20	Tue	11:55	9.5			5:48	0.7	6:21	-0.4	7:08	4:38	
21	Wed	12:29	8.5	12:32	9.5	6:26	0.5	6:56	-0.4	7:07	4:39	
22	Thu	1:04	8.7	1:11	9.4	7:07	0.3	7:34	-0.4	7:06	4:41	
23	Fri	1:42	8.9	1:54	9.1	7:51	0.2	8:15	-0.2	7:06	4:42	
24	Sat	2:23	9.1	2:43	8.8	8:40	0.2	9:00	0.0	7:05	4:43	
25	Sun	3:10	9.2	3:37	8.4	9:34	0.2	9:50	0.3	7:04	4:45	
26	Mon	4:02	9.2	4:37	8.1	10:32	0.2	10:45	0.6	7:03	4:46	
27	Tue	5:00	9.2	5:44	7.8	11:36	0.2	11:47	0.8	7:02	4:47	
28	Wed	6:04	9.3	6:56	7.8			12:46	0.1	7:01	4:49	
29	Thu	7:13	9.5	8:05	8.0	12:55	0.9	1:55	-0.2	7:00	4:50	
30	Fri	8:18	9.8	9:07	8.3	2:03	0.7	2:58	-0.6	6:59	4:51	
31	Sat	9:19	10.1	10:03	8.7	3:05	0.3	3:55	-0.9	6:58	4:53	