

Ogunquit, Perkins Cove, ME - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:32	9.3	1:14	8.0	7:06	0.3	7:02	1.5	5:06	8:26	
2	Thu	1:09	9.3	1:50	8.1	7:40	0.3	7:39	1.5	5:06	8:26	
3	Fri	1:45	9.2	2:26	8.2	8:15	0.3	8:19	1.4	5:07	8:25	
4	Sat	2:23	9.1	3:02	8.3	8:51	0.3	9:00	1.3	5:08	8:25	
5	Sun	3:03	9.0	3:41	8.5	9:29	0.3	9:46	1.2	5:08	8:25	
6	Mon	3:47	8.8	4:23	8.8	10:10	0.4	10:35	1.0	5:09	8:25	
7	Tue	4:36	8.6	5:08	9.1	10:55	0.5	11:28	0.8	5:10	8:24	
8	Wed	5:29	8.4	5:57	9.3	11:43	0.6			5:10	8:24	
9	Thu	6:27	8.3	6:51	9.6	12:25	0.6	12:36	0.7	5:11	8:23	
10	Fri	7:30	8.2	7:50	9.9	1:26	0.3	1:35	0.8	5:12	8:23	
11	Sat	8:36	8.3	8:51	10.2	2:30	0.0	2:36	0.7	5:13	8:22	
12	Sun	9:39	8.5	9:51	10.5	3:32	-0.4	3:37	0.5	5:13	8:22	
13	Mon	10:39	8.8	10:50	10.8	4:31	-0.8	4:36	0.2	5:14	8:21	
14	Tue	11:37	9.0	11:47	10.9	5:28	-1.1	5:34	0.0	5:15	8:21	
15	Wed			12:32	9.3	6:23	-1.3	6:31	-0.1	5:16	8:20	
16	Thu	12:43	10.9	1:26	9.4	7:16	-1.3	7:26	-0.2	5:17	8:19	
17	Fri	1:37	10.7	2:17	9.5	8:06	-1.1	8:21	-0.1	5:18	8:19	
18	Sat	2:30	10.2	3:08	9.5	8:56	-0.8	9:17	0.2	5:19	8:18	
19	Sun	3:24	9.7	4:00	9.4	9:46	-0.3	10:14	0.4	5:19	8:17	
20	Mon	4:20	9.0	4:52	9.2	10:37	0.3	11:12	0.7	5:20	8:16	
21	Tue	5:17	8.4	5:43	9.0	11:28	0.9			5:21	8:15	
22	Wed	6:15	7.9	6:36	8.8	12:11	0.9	12:20	1.4	5:22	8:14	
23	Thu	7:15	7.6	7:31	8.7	1:11	1.1	1:15	1.8	5:23	8:14	
24	Fri	8:15	7.4	8:26	8.6	2:12	1.2	2:13	2.0	5:24	8:13	
25	Sat	9:11	7.4	9:18	8.7	3:09	1.1	3:07	2.0	5:25	8:12	
26	Sun	10:02	7.5	10:06	8.9	4:00	0.9	3:56	1.9	5:26	8:11	
27	Mon	10:48	7.7	10:49	9.1	4:45	0.7	4:40	1.7	5:27	8:10	
28	Tue	11:30	7.8	11:30	9.2	5:25	0.6	5:20	1.5	5:28	8:09	
29	Wed			12:09	8.0	6:03	0.4	5:59	1.3	5:29	8:07	
30	Thu	12:08	9.4	12:45	8.2	6:37	0.2	6:37	1.1	5:30	8:06	
31	Fri	12:45	9.4	1:19	8.5	7:10	0.1	7:15	1.0	5:31	8:05	