

Ogunquit, Perkins Cove, ME - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:56	9.4	1:37	8.1	7:30	0.2	7:29	1.4	5:06	8:26	
2	Sun	1:35	9.3	2:15	8.2	8:06	0.3	8:08	1.5	5:07	8:26	
3	Mon	2:13	9.1	2:52	8.2	8:41	0.4	8:48	1.5	5:07	8:25	
4	Tue	2:52	8.8	3:30	8.2	9:17	0.6	9:31	1.6	5:08	8:25	
5	Wed	3:33	8.5	4:10	8.3	9:55	0.8	10:16	1.6	5:09	8:25	
6	Thu	4:17	8.2	4:50	8.4	10:35	1.0	11:03	1.5	5:09	8:24	
7	Fri	5:05	8.0	5:33	8.5	11:17	1.2	11:54	1.4	5:10	8:24	
8	Sat	5:55	7.7	6:19	8.7			12:03	1.4	5:11	8:24	
9	Sun	6:50	7.6	7:10	8.9	12:47	1.3	12:53	1.4	5:11	8:23	
10	Mon	7:50	7.6	8:05	9.3	1:45	1.0	1:49	1.4	5:12	8:23	
11	Tue	8:50	7.8	9:01	9.7	2:44	0.6	2:46	1.2	5:13	8:22	
12	Wed	9:47	8.1	9:56	10.1	3:41	0.1	3:43	0.9	5:14	8:22	
13	Thu	10:42	8.4	10:51	10.5	4:36	-0.4	4:38	0.5	5:15	8:21	
14	Fri	11:37	8.8	11:46	10.8	5:29	-0.9	5:33	0.1	5:15	8:20	
15	Sat			12:30	9.2	6:21	-1.2	6:28	-0.2	5:16	8:20	
16	Sun	12:40	11.0	1:22	9.6	7:12	-1.4	7:24	-0.4	5:17	8:19	
17	Mon	1:34	10.9	2:14	9.8	8:03	-1.4	8:19	-0.4	5:18	8:18	
18	Tue	2:29	10.6	3:07	9.9	8:54	-1.2	9:17	-0.3	5:19	8:18	
19	Wed	3:25	10.1	4:01	9.9	9:46	-0.8	10:17	-0.2	5:20	8:17	
20	Thu	4:25	9.5	4:56	9.8	10:40	-0.3	11:18	0.1	5:21	8:16	
21	Fri	5:26	8.9	5:53	9.6	11:36	0.3			5:22	8:15	
22	Sat	6:29	8.4	6:51	9.4	12:22	0.3	12:34	0.9	5:23	8:14	
23	Sun	7:34	8.0	7:51	9.3	1:27	0.5	1:35	1.3	5:24	8:13	
24	Mon	8:37	7.8	8:50	9.2	2:32	0.5	2:36	1.5	5:25	8:12	
25	Tue	9:35	7.8	9:43	9.2	3:31	0.5	3:33	1.5	5:26	8:11	
26	Wed	10:27	7.9	10:32	9.3	4:23	0.4	4:23	1.5	5:27	8:10	
27	Thu	11:13	8.0	11:16	9.3	5:09	0.4	5:08	1.4	5:28	8:09	
28	Fri	11:55	8.1	11:57	9.3	5:51	0.3	5:49	1.3	5:29	8:08	
29	Sat			12:34	8.2	6:29	0.3	6:28	1.2	5:30	8:07	
30	Sun	12:35	9.3	1:09	8.3	7:03	0.3	7:05	1.2	5:31	8:06	
31	Mon	1:11	9.2	1:43	8.4	7:35	0.3	7:41	1.1	5:32	8:05	