

































Old Orchard, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:30	8.8	1:36	9.7	7:20	0.5	7:51	-0.4	7:14	4:15	
2	Tue	2:13	9.0	2:25	9.4	8:09	0.4	8:37	-0.3	7:14	4:16	
3	Wed	3:00	9.2	3:18	9.1	9:03	0.3	9:26	-0.1	7:14	4:17	
4	Thu	3:52	9.4	4:17	8.8	10:01	0.3	10:20	0.2	7:14	4:18	
5	Fri	4:47	9.5	5:21	8.5	11:03	0.2	11:18	0.4	7:14	4:19	
6	Sat	5:47	9.6	6:29	8.3			12:09	0.0	7:14	4:20	
7	Sun	6:50	9.8	7:38	8.4	12:21	0.6	1:17	-0.2	7:14	4:21	
8	Mon	7:53	10.1	8:41	8.6	1:25	0.6	2:20	-0.6	7:13	4:22	
9	Tue	8:52	10.3	9:39	8.8	2:27	0.4	3:18	-0.9	7:13	4:23	
10	Wed	9:49	10.5	10:33	9.0	3:24	0.2	4:13	-1.1	7:13	4:24	
11	Thu	10:42	10.6	11:24	9.1	4:18	0.0	5:04	-1.1	7:13	4:25	
12	Fri	11:33	10.5			5:10	0.0	5:51	-1.1	7:12	4:27	
13	Sat	12:11	9.2	12:20	10.3	5:59	0.0	6:36	-0.8	7:12	4:28	
14	Sun	12:57	9.2	1:07	9.8	6:47	0.2	7:20	-0.5	7:11	4:29	
15	Mon	1:41	9.0	1:53	9.3	7:35	0.4	8:03	0.0	7:11	4:30	
16	Tue	2:26	8.9	2:41	8.7	8:24	0.7	8:46	0.5	7:10	4:31	
17	Wed	3:11	8.7	3:32	8.2	9:15	0.9	9:31	1.0	7:10	4:33	
18	Thu	3:58	8.5	4:25	7.7	10:08	1.2	10:19	1.4	7:09	4:34	
19	Fri	4:47	8.4	5:22	7.3	11:04	1.3	11:10	1.7	7:09	4:35	
20	Sat	5:40	8.3	6:22	7.1			12:04	1.4	7:08	4:36	
21	Sun	6:35	8.3	7:22	7.1	12:06	1.9	1:05	1.3	7:07	4:38	
22	Mon	7:31	8.4	8:17	7.3	1:04	1.9	2:00	1.0	7:06	4:39	
23	Tue	8:21	8.7	9:05	7.6	1:57	1.7	2:48	0.7	7:06	4:40	
24	Wed	9:07	9.1	9:48	7.9	2:44	1.4	3:30	0.3	7:05	4:41	
25	Thu	9:50	9.4	10:29	8.2	3:27	1.1	4:10	-0.1	7:04	4:43	
26	Fri	10:31	9.8	11:08	8.6	4:09	0.7	4:48	-0.4	7:03	4:44	
27	Sat	11:11	10.0	11:45	9.0	4:50	0.3	5:25	-0.7	7:02	4:45	
28	Sun	11:52	10.1			5:32	0.0	6:03	-0.9	7:01	4:47	
29	Mon	12:23	9.3	12:34	10.1	6:16	-0.3	6:43	-0.9	7:00	4:48	
30	Tue	1:03	9.6	1:18	9.9	7:01	-0.4	7:25	-0.8	6:59	4:49	
31	Wed	1:46	9.8	2:06	9.6	7:50	-0.4	8:11	-0.5	6:58	4:51	