

































Old Orchard, ME - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:20	10.5	1:51	9.6	7:32	-1.1	7:48	-0.5	6:17	5:29	
2	Fri	2:09	10.3	2:46	9.1	8:26	-0.8	8:41	0.0	6:16	5:31	
3	Sat	3:04	10.0	3:48	8.5	9:26	-0.4	9:40	0.5	6:14	5:32	
4	Sun	4:06	9.6	4:57	8.1	10:31	0.0	10:45	1.0	6:12	5:33	
5	Mon	5:15	9.3	6:10	7.9	11:43	0.3	11:57	1.2	6:11	5:35	
6	Tue	6:28	9.1	7:21	8.0			12:57	0.3	6:09	5:36	
7	Wed	7:38	9.2	8:24	8.3	1:11	1.1	2:03	0.1	6:07	5:37	
8	Thu	8:39	9.4	9:17	8.7	2:16	0.8	2:58	-0.1	6:05	5:38	
9	Fri	9:32	9.6	10:04	9.0	3:11	0.4	3:46	-0.3	6:04	5:40	
10	Sat	10:20	9.7	10:46	9.3	4:00	0.1	4:28	-0.3	6:02	5:41	
11	Sun	11:03	9.6	11:24	9.4	4:44	-0.1	5:07	-0.2	6:00	5:42	
12	Mon	11:43	9.4	11:59	9.4	5:25	-0.2	5:42	0.0	5:58	5:43	
13	Tue			12:21	9.1	6:03	-0.1	6:16	0.3	5:57	5:44	
14	Wed	12:33	9.4	12:58	8.8	6:40	0.0	6:50	0.6	5:55	5:46	
15	Thu	1:07	9.2	1:36	8.4	7:17	0.2	7:25	0.9	5:53	5:47	
16	Fri	1:42	9.0	2:16	8.0	7:56	0.5	8:03	1.3	5:51	5:48	
17	Sat	2:22	8.7	3:01	7.6	8:40	0.8	8:47	1.6	5:50	5:49	
18	Sun	3:07	8.4	3:52	7.3	9:28	1.1	9:35	1.9	5:48	5:51	
19	Mon	3:58	8.2	4:48	7.1	10:22	1.3	10:29	2.1	5:46	5:52	
20	Tue	4:56	8.1	5:48	7.1	11:21	1.4	11:29	2.1	5:44	5:53	
21	Wed	5:57	8.2	6:49	7.3			12:22	1.3	5:42	5:54	
22	Thu	6:58	8.5	7:43	7.8	12:32	1.8	1:20	0.9	5:41	5:55	
23	Fri	7:54	8.9	8:31	8.5	1:31	1.3	2:10	0.4	5:39	5:57	
24	Sat	8:45	9.4	9:15	9.2	2:24	0.6	2:55	-0.1	5:37	5:58	
25	Sun	9:33	9.8	9:57	9.9	3:12	-0.1	3:38	-0.5	5:35	5:59	
26	Mon	10:20	10.2	10:40	10.5	4:00	-0.8	4:21	-0.8	5:33	6:00	
27	Tue	11:08	10.3	11:25	10.9	4:47	-1.3	5:05	-1.0	5:32	6:01	
28	Wed	11:56	10.3			5:35	-1.6	5:51	-0.9	5:30	6:03	
29	Thu	12:10	11.0	12:45	10.0	6:24	-1.7	6:39	-0.7	5:28	6:04	
30	Fri	12:58	10.9	1:38	9.6	7:16	-1.5	7:29	-0.3	5:26	6:05	
31	Sat	1:50	10.6	2:35	9.1	8:12	-1.0	8:25	0.3	5:24	6:06	