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# Old Orchard, ME - May 1990

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 4:40 | 9.7 | 5:33 | 8.6 | 11:04 | -0.1 | 11:23 | 1.1 | 5:34 | 7:43 | |
| 2 | Wed | 5:48 | 9.2 | 6:37 | 8.6 | | | 12:08 | 0.3 | 5:32 | 7:44 | |
| 3 | Thu | 6:55 | 8.9 | 7:38 | 8.7 | 12:33 | 1.2 | 1:11 | 0.6 | 5:31 | 7:45 | |
| 4 | Fri | 7:59 | 8.7 | 8:34 | 8.9 | 1:41 | 1.1 | 2:10 | 0.7 | 5:29 | 7:46 | |
| 5 | Sat | 8:58 | 8.6 | 9:23 | 9.1 | 2:42 | 0.9 | 3:02 | 0.8 | 5:28 | 7:47 | |
| 6 | Sun | 9:50 | 8.6 | 10:07 | 9.3 | 3:35 | 0.6 | 3:48 | 0.9 | 5:27 | 7:48 | |
| 7 | Mon | 10:36 | 8.6 | 10:46 | 9.5 | 4:21 | 0.4 | 4:28 | 1.0 | 5:26 | 7:50 | |
| 8 | Tue | 11:19 | 8.6 | 11:23 | 9.5 | 5:03 | 0.2 | 5:06 | 1.1 | 5:24 | 7:51 | |
| 9 | Wed | 11:59 | 8.5 | 11:59 | 9.5 | 5:41 | 0.1 | 5:42 | 1.2 | 5:23 | 7:52 | |
| 10 | Thu | | | 12:37 | 8.4 | 6:17 | 0.1 | 6:17 | 1.3 | 5:22 | 7:53 | |
| 11 | Fri | 12:34 | 9.5 | 1:14 | 8.3 | 6:53 | 0.2 | 6:52 | 1.4 | 5:21 | 7:54 | |
| 12 | Sat | 1:09 | 9.4 | 1:51 | 8.2 | 7:28 | 0.3 | 7:28 | 1.5 | 5:19 | 7:55 | |
| 13 | Sun | 1:45 | 9.3 | 2:28 | 8.0 | 8:05 | 0.4 | 8:06 | 1.6 | 5:18 | 7:56 | |
| 14 | Mon | 2:23 | 9.1 | 3:09 | 7.9 | 8:44 | 0.5 | 8:48 | 1.7 | 5:17 | 7:57 | |
| 15 | Tue | 3:05 | 9.0 | 3:53 | 7.9 | 9:27 | 0.6 | 9:35 | 1.8 | 5:16 | 7:59 | |
| 16 | Wed | 3:52 | 8.9 | 4:40 | 8.0 | 10:13 | 0.7 | 10:26 | 1.7 | 5:15 | 8:00 | |
| 17 | Thu | 4:43 | 8.8 | 5:29 | 8.2 | 11:02 | 0.7 | 11:22 | 1.5 | 5:14 | 8:01 | |
| 18 | Fri | 5:38 | 8.8 | 6:21 | 8.6 | 11:53 | 0.6 | | | 5:13 | 8:02 | |
| 19 | Sat | 6:36 | 8.8 | 7:13 | 9.1 | 12:20 | 1.2 | 12:46 | 0.5 | 5:12 | 8:03 | |
| 20 | Sun | 7:37 | 8.9 | 8:07 | 9.7 | 1:20 | 0.7 | 1:41 | 0.4 | 5:11 | 8:04 | |
| 21 | Mon | 8:38 | 9.1 | 9:00 | 10.3 | 2:20 | 0.1 | 2:35 | 0.2 | 5:10 | 8:05 | |
| 22 | Tue | 9:36 | 9.3 | 9:51 | 10.8 | 3:18 | -0.5 | 3:29 | -0.1 | 5:10 | 8:06 | |
| 23 | Wed | 10:32 | 9.6 | 10:43 | 11.2 | 4:12 | -1.1 | 4:22 | -0.2 | 5:09 | 8:07 | |
| 24 | Thu | 11:27 | 9.7 | 11:37 | 11.4 | 5:06 | -1.5 | 5:15 | -0.3 | 5:08 | 8:08 | |
| 25 | Fri | | | 12:23 | 9.7 | 6:00 | -1.7 | 6:09 | -0.2 | 5:07 | 8:09 | |
| 26 | Sat | 12:31 | 11.4 | 1:18 | 9.7 | 6:55 | -1.6 | 7:03 | -0.1 | 5:06 | 8:10 | |
| 27 | Sun | 1:26 | 11.2 | 2:13 | 9.5 | 7:49 | -1.4 | 7:59 | 0.2 | 5:06 | 8:11 | |
| 28 | Mon | 2:22 | 10.8 | 3:10 | 9.3 | 8:45 | -1.0 | 8:58 | 0.5 | 5:05 | 8:11 | |
| 29 | Tue | 3:20 | 10.3 | 4:10 | 9.1 | 9:42 | -0.5 | 10:00 | 0.8 | 5:04 | 8:12 | |
| 30 | Wed | 4:21 | 9.7 | 5:09 | 9.0 | 10:40 | -0.1 | 11:03 | 1.0 | 5:04 | 8:13 | |
| 31 | Thu | 5:23 | 9.2 | 6:06 | 8.9 | 11:37 | 0.3 | | | 5:03 | 8:14 | |