
































Old Orchard, ME - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:25	8.7	7:02	8.9	12:07	1.2	12:34	0.7	5:03	8:15	
2	Sat	7:26	8.4	7:55	9.0	1:11	1.2	1:29	1.1	5:02	8:16	
3	Sun	8:25	8.2	8:45	9.1	2:11	1.0	2:22	1.3	5:02	8:16	
4	Mon	9:18	8.1	9:31	9.2	3:05	0.8	3:10	1.4	5:01	8:17	
5	Tue	10:07	8.1	10:13	9.3	3:53	0.6	3:53	1.5	5:01	8:18	
6	Wed	10:52	8.1	10:53	9.4	4:36	0.5	4:34	1.5	5:01	8:19	
7	Thu	11:34	8.1	11:32	9.4	5:17	0.4	5:13	1.5	5:00	8:19	
8	Fri			12:15	8.2	5:55	0.3	5:50	1.5	5:00	8:20	
9	Sat	12:10	9.5	12:53	8.2	6:32	0.3	6:28	1.5	5:00	8:21	
10	Sun	12:47	9.5	1:30	8.2	7:08	0.3	7:05	1.5	5:00	8:21	
11	Mon	1:24	9.5	2:07	8.2	7:44	0.3	7:44	1.5	5:00	8:22	
12	Tue	2:02	9.4	2:45	8.3	8:21	0.3	8:26	1.4	4:59	8:22	
13	Wed	2:42	9.4	3:26	8.4	9:01	0.3	9:12	1.3	4:59	8:23	
14	Thu	3:27	9.2	4:09	8.6	9:44	0.3	10:02	1.2	4:59	8:23	
15	Fri	4:16	9.1	4:56	9.0	10:30	0.3	10:55	1.0	4:59	8:24	
16	Sat	5:09	9.0	5:45	9.3	11:18	0.3	11:52	0.7	4:59	8:24	
17	Sun	6:06	8.8	6:37	9.7			12:10	0.4	4:59	8:24	
18	Mon	7:08	8.7	7:33	10.1	12:52	0.4	1:06	0.4	4:59	8:25	
19	Tue	8:12	8.8	8:31	10.4	1:55	0.0	2:05	0.4	5:00	8:25	
20	Wed	9:14	8.9	9:29	10.8	2:56	-0.5	3:04	0.3	5:00	8:25	
21	Thu	10:14	9.1	10:25	11.1	3:55	-0.9	4:01	0.1	5:00	8:26	
22	Fri	11:12	9.3	11:22	11.2	4:52	-1.2	4:57	0.0	5:00	8:26	
23	Sat			12:09	9.4	5:47	-1.3	5:54	0.0	5:00	8:26	
24	Sun	12:18	11.2	1:04	9.5	6:42	-1.3	6:49	0.0	5:01	8:26	
25	Mon	1:13	11.0	1:57	9.5	7:34	-1.2	7:44	0.2	5:01	8:26	
26	Tue	2:06	10.6	2:50	9.4	8:26	-0.9	8:40	0.4	5:01	8:26	
27	Wed	3:00	10.1	3:43	9.3	9:17	-0.5	9:37	0.7	5:02	8:26	
28	Thu	3:56	9.5	4:36	9.2	10:08	0.0	10:35	0.9	5:02	8:26	
29	Fri	4:52	9.0	5:27	9.1	10:59	0.5	11:34	1.1	5:03	8:26	
30	Sat	5:49	8.4	6:19	9.0	11:50	1.0			5:03	8:26	