

































Old Orchard, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:46	8.0	7:10	8.9	12:32	1.2	12:42	1.4	5:04	8:26	
2	Mon	7:45	7.7	8:02	8.9	1:32	1.2	1:35	1.7	5:04	8:26	
3	Tue	8:42	7.6	8:53	8.9	2:29	1.1	2:28	1.8	5:05	8:26	
4	Wed	9:35	7.7	9:40	9.1	3:21	1.0	3:17	1.8	5:06	8:25	
5	Thu	10:22	7.8	10:24	9.2	4:07	0.8	4:02	1.7	5:06	8:25	
6	Fri	11:07	7.9	11:06	9.4	4:50	0.6	4:44	1.6	5:07	8:25	
7	Sat	11:48	8.0	11:46	9.5	5:30	0.4	5:24	1.5	5:08	8:24	
8	Sun			12:28	8.2	6:07	0.3	6:03	1.3	5:08	8:24	
9	Mon	12:24	9.6	1:05	8.4	6:43	0.1	6:42	1.2	5:09	8:23	
10	Tue	1:02	9.7	1:41	8.6	7:19	0.0	7:22	1.0	5:10	8:23	
11	Wed	1:40	9.7	2:17	8.8	7:55	-0.1	8:04	0.9	5:10	8:23	
12	Thu	2:20	9.6	2:56	9.1	8:33	-0.1	8:49	0.7	5:11	8:22	
13	Fri	3:04	9.5	3:38	9.3	9:15	-0.1	9:39	0.6	5:12	8:21	
14	Sat	3:53	9.3	4:25	9.6	10:00	0.0	10:32	0.4	5:13	8:21	
15	Sun	4:46	9.0	5:15	9.7	10:49	0.2	11:29	0.3	5:14	8:20	
16	Mon	5:44	8.7	6:10	9.9	11:42	0.4			5:15	8:19	
17	Tue	6:47	8.5	7:09	10.0	12:30	0.2	12:40	0.6	5:16	8:19	
18	Wed	7:54	8.4	8:13	10.2	1:36	0.1	1:43	0.7	5:16	8:18	
19	Thu	9:01	8.5	9:15	10.5	2:42	-0.2	2:47	0.6	5:17	8:17	
20	Fri	10:03	8.8	10:15	10.7	3:43	-0.5	3:48	0.4	5:18	8:16	
21	Sat	11:01	9.0	11:12	10.8	4:41	-0.8	4:46	0.2	5:19	8:16	
22	Sun	11:56	9.3			5:35	-1.0	5:42	0.1	5:20	8:15	
23	Mon	12:06	10.8	12:47	9.4	6:26	-1.0	6:35	0.0	5:21	8:14	
24	Tue	12:58	10.7	1:36	9.5	7:14	-0.9	7:27	0.1	5:22	8:13	
25	Wed	1:47	10.3	2:22	9.5	8:00	-0.6	8:17	0.2	5:23	8:12	
26	Thu	2:36	9.8	3:08	9.4	8:45	-0.2	9:08	0.5	5:24	8:11	
27	Fri	3:25	9.3	3:55	9.2	9:30	0.3	10:00	0.8	5:25	8:10	
28	Sat	4:17	8.7	4:43	9.0	10:16	0.8	10:53	1.0	5:26	8:09	
29	Sun	5:10	8.1	5:32	8.8	11:04	1.3	11:48	1.3	5:27	8:08	
30	Mon	6:05	7.7	6:23	8.7	11:54	1.7			5:28	8:07	
31	Tue	7:03	7.4	7:17	8.6	12:46	1.4	12:48	2.0	5:29	8:05	