

Old Orchard, ME - Jun 1997

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|------|-------|------|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 8:21 | 9.4 | 8:50 | 10.2 | 2:02 | 0.0 | 2:21 | -0.1 | 5:03 | 8:15 | ☾ |
| 2 | Mon | 9:22 | 9.4 | 9:44 | 10.5 | 3:03 | -0.3 | 3:18 | -0.1 | 5:02 | 8:16 | ☾ |
| 3 | Tue | 10:18 | 9.5 | 10:35 | 10.7 | 4:00 | -0.7 | 4:11 | 0.0 | 5:02 | 8:17 | ☾ |
| 4 | Wed | 11:12 | 9.5 | 11:23 | 10.7 | 4:52 | -0.9 | 5:01 | 0.0 | 5:01 | 8:17 | ☾ |
| 5 | Thu | | | 12:02 | 9.5 | 5:42 | -1.0 | 5:49 | 0.2 | 5:01 | 8:18 | ☾ |
| 6 | Fri | 12:10 | 10.6 | 12:50 | 9.4 | 6:29 | -0.9 | 6:36 | 0.4 | 5:01 | 8:19 | ☾ |
| 7 | Sat | 12:56 | 10.4 | 1:36 | 9.2 | 7:14 | -0.7 | 7:21 | 0.6 | 5:00 | 8:20 | ☾ |
| 8 | Sun | 1:40 | 10.1 | 2:20 | 9.0 | 7:58 | -0.4 | 8:05 | 0.9 | 5:00 | 8:20 | ☾ |
| 9 | Mon | 2:23 | 9.7 | 3:05 | 8.8 | 8:41 | -0.1 | 8:51 | 1.2 | 5:00 | 8:21 | ☾ |
| 10 | Tue | 3:09 | 9.3 | 3:52 | 8.6 | 9:26 | 0.3 | 9:39 | 1.4 | 5:00 | 8:21 | ☾ |
| 11 | Wed | 3:56 | 8.9 | 4:39 | 8.5 | 10:11 | 0.6 | 10:30 | 1.6 | 5:00 | 8:22 | ☾ |
| 12 | Thu | 4:46 | 8.6 | 5:27 | 8.5 | 10:57 | 0.9 | 11:22 | 1.7 | 4:59 | 8:22 | ☾ |
| 13 | Fri | 5:38 | 8.3 | 6:15 | 8.5 | 11:44 | 1.1 | | | 4:59 | 8:23 | ☾ |
| 14 | Sat | 6:31 | 8.1 | 7:04 | 8.6 | 12:15 | 1.7 | 12:32 | 1.2 | 4:59 | 8:23 | ☾ |
| 15 | Sun | 7:26 | 8.0 | 7:53 | 8.8 | 1:10 | 1.5 | 1:22 | 1.3 | 4:59 | 8:24 | ☾ |
| 16 | Mon | 8:21 | 8.0 | 8:41 | 9.1 | 2:05 | 1.3 | 2:12 | 1.3 | 4:59 | 8:24 | ☾ |
| 17 | Tue | 9:12 | 8.2 | 9:25 | 9.4 | 2:55 | 0.9 | 2:59 | 1.1 | 4:59 | 8:25 | ☾ |
| 18 | Wed | 10:00 | 8.4 | 10:09 | 9.8 | 3:42 | 0.5 | 3:45 | 0.9 | 5:00 | 8:25 | ☾ |
| 19 | Thu | 10:45 | 8.7 | 10:52 | 10.2 | 4:26 | 0.0 | 4:30 | 0.7 | 5:00 | 8:25 | ☾ |
| 20 | Fri | 11:31 | 9.0 | 11:37 | 10.5 | 5:10 | -0.4 | 5:15 | 0.4 | 5:00 | 8:25 | ☾ |
| 21 | Sat | | | 12:18 | 9.2 | 5:56 | -0.8 | 6:02 | 0.2 | 5:00 | 8:26 | ☾ |
| 22 | Sun | 12:23 | 10.7 | 1:04 | 9.5 | 6:42 | -1.0 | 6:51 | 0.0 | 5:00 | 8:26 | ☾ |
| 23 | Mon | 1:11 | 10.8 | 1:53 | 9.6 | 7:29 | -1.2 | 7:42 | -0.1 | 5:01 | 8:26 | ☾ |
| 24 | Tue | 2:01 | 10.8 | 2:43 | 9.8 | 8:18 | -1.2 | 8:35 | -0.1 | 5:01 | 8:26 | ☾ |
| 25 | Wed | 2:54 | 10.6 | 3:37 | 9.8 | 9:10 | -1.0 | 9:32 | 0.0 | 5:01 | 8:26 | ☾ |
| 26 | Thu | 3:52 | 10.3 | 4:34 | 9.9 | 10:05 | -0.8 | 10:33 | 0.1 | 5:02 | 8:26 | ☾ |
| 27 | Fri | 4:52 | 9.9 | 5:33 | 9.9 | 11:02 | -0.5 | 11:36 | 0.1 | 5:02 | 8:26 | ☾ |
| 28 | Sat | 5:56 | 9.5 | 6:32 | 10.0 | | | 12:00 | -0.2 | 5:02 | 8:26 | ☾ |
| 29 | Sun | 7:01 | 9.2 | 7:32 | 10.0 | 12:41 | 0.1 | 1:01 | 0.1 | 5:03 | 8:26 | ☾ |
| 30 | Mon | 8:06 | 9.0 | 8:32 | 10.1 | 1:48 | 0.1 | 2:03 | 0.3 | 5:03 | 8:26 | ☾ |