US HARBORS www.USHarbors.com

Old Orchard, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:52	10.3	8:37	8.9	1:25	0.2	2:17	-0.8	7:14	4:15	
2	Wed	8:51	10.6	9:35	9.2	2:26	0.0	3:14	-1.1	7:14	4:16	
3	Thu	9:47	10.9	10:30	9.4	3:23	-0.2	4:09	-1.4	7:14	4:17	
4	Fri	10:41	10.9	11:22	9.6	4:18	-0.4	5:01	-1.5	7:14	4:18	
5	Sat	11:33	10.8			5:10	-0.4	5:50	-1.4	7:14	4:19	
6	Sun	12:12	9.6	12:23	10.6	6:01	-0.4	6:38	-1.1	7:14	4:20	
7	Mon	12:59	9.5	1:11	10.1	6:51	-0.2	7:24	-0.7	7:14	4:21	
8	Tue	1:47	9.4	2:00	9.6	7:42	0.1	8:10	-0.3	7:13	4:22	
9	Wed	2:35	9.1	2:51	9.0	8:34	0.5	8:57	0.3	7:13	4:23	
10	Thu	3:24	8.9	3:45	8.4	9:28	0.8	9:46	0.8	7:13	4:25	
11	Fri	4:14	8.7	4:40	7.9	10:24	1.0	10:36	1.2	7:12	4:26	
12	Sat	5:05	8.5	5:38	7.6	11:22	1.2	11:29	1.5	7:12	4:27	
13	Sun	5:59	8.4	6:38	7.4			12:22	1.2	7:12	4:28	
14	Mon	6:54	8.5	7:36	7.4	12:26	1.7	1:21	1.1	7:11	4:29	
15	Tue	7:47	8.6	8:28	7.6	1:22	1.7	2:13	0.8	7:11	4:30	
16	Wed	8:35	8.9	9:14	7.8	2:12	1.5	2:58	0.5	7:10	4:32	
17	Thu	9:19	9.2	9:57	8.1	2:56	1.2	3:39	0.2	7:10	4:33	
18	Fri	10:00	9.5	10:36	8.4	3:37	1.0	4:17	-0.1	7:09	4:34	
19	Sat	10:39	9.7	11:14	8.7	4:17	0.7	4:54	-0.4	7:08	4:35	
20	Sun	11:18	9.9	11:50	9.0	4:57	0.4	5:30	-0.6	7:08	4:37	
21	Mon	11:56	10.0			5:37	0.1	6:07	-0.7	7:07	4:38	
22	Tue	12:27	9.2	12:37	9.9	6:19	-0.1	6:46	-0.8	7:06	4:39	
23	Wed	1:06	9.5	1:19	9.8	7:03	-0.2	7:27	-0.7	7:05	4:40	
24	Thu	1:48	9.6	2:07	9.5	7:51	-0.3	8:13	-0.5	7:05	4:42	
25	Fri	2:35	9.7	3:00	9.1	8:43	-0.2	9:03	-0.2	7:04	4:43	
26	Sat	3:27	9.7	3:59	8.7	9:41	-0.1	9:58	0.1	7:03	4:44	
27	Sun	4:24	9.6	5:03	8.4	10:43	0.0	10:58	0.4	7:02	4:46	
28	Mon	5:27	9.6	6:13	8.2	11:51	0.0			7:01	4:47	
29	Tue	6:35	9.7	7:24	8.3	12:04	0.6	1:02	-0.1	7:00	4:48	
30	Wed	7:42	9.9	8:29	8.6	1:13	0.5	2:08	-0.4	6:59	4:50	
31	Thu	8:44	10.1	9:26	8.9	2:18	0.3	3:06	-0.8	6:58	4:51	