

































Pine Point, Scarborough River, ME - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:55	8.5	4:10	8.4	10:12	1.3	10:36	0.9	7:14	4:15	
2	Sat	4:45	8.4	5:04	8.1	11:07	1.4	11:28	1.1	7:14	4:16	
3	Sun	5:37	8.4	6:00	7.8			12:03	1.4	7:14	4:17	
4	Mon	6:30	8.5	6:56	7.7	12:20	1.3	12:58	1.3	7:14	4:17	
5	Tue	7:20	8.7	7:50	7.7	1:11	1.4	1:50	1.1	7:14	4:18	
6	Wed	8:09	8.9	8:40	7.8	1:59	1.4	2:39	0.8	7:14	4:19	
7	Thu	8:54	9.1	9:27	8.0	2:47	1.3	3:26	0.5	7:14	4:20	
8	Fri	9:38	9.4	10:11	8.3	3:32	1.1	4:10	0.2	7:13	4:21	
9	Sat	10:20	9.7	10:53	8.6	4:16	0.9	4:53	-0.1	7:13	4:23	
10	Sun	11:02	10.0	11:35	8.9	4:59	0.7	5:36	-0.4	7:13	4:24	
11	Mon	11:46	10.3			5:43	0.4	6:19	-0.7	7:13	4:25	
12	Tue	12:19	9.2	12:32	10.4	6:29	0.2	7:04	-0.8	7:12	4:26	
13	Wed	1:06	9.5	1:21	10.4	7:18	0.0	7:51	-0.9	7:12	4:27	
14	Thu	1:56	9.7	2:13	10.3	8:10	-0.1	8:41	-0.8	7:11	4:28	
15	Fri	2:48	9.9	3:08	10.0	9:06	-0.1	9:34	-0.6	7:11	4:29	
16	Sat	3:43	10.0	4:07	9.6	10:05	-0.1	10:30	-0.4	7:10	4:31	
17	Sun	4:42	10.0	5:10	9.2	11:08	-0.1	11:30	-0.1	7:10	4:32	
18	Mon	5:43	10.0	6:16	8.9			12:13	-0.1	7:09	4:33	
19	Tue	6:46	10.1	7:22	8.8	12:31	0.1	1:16	-0.2	7:09	4:34	
20	Wed	7:47	10.1	8:25	8.7	1:31	0.2	2:17	-0.3	7:08	4:36	
21	Thu	8:46	10.2	9:24	8.8	2:30	0.3	3:14	-0.5	7:07	4:37	
22	Fri	9:40	10.2	10:16	8.8	3:25	0.3	4:08	-0.5	7:07	4:38	
23	Sat	10:29	10.2	11:04	8.9	4:17	0.3	4:56	-0.5	7:06	4:39	
24	Sun	11:15	10.0	11:47	8.9	5:05	0.4	5:40	-0.4	7:05	4:41	
25	Mon	11:57	9.8			5:50	0.4	6:22	-0.3	7:04	4:42	
26	Tue	12:28	8.8	12:37	9.6	6:33	0.6	7:03	-0.1	7:03	4:43	
27	Wed	1:07	8.8	1:17	9.3	7:16	0.7	7:43	0.1	7:02	4:45	
28	Thu	1:47	8.7	1:59	9.0	7:59	0.8	8:24	0.4	7:01	4:46	
29	Fri	2:28	8.7	2:42	8.7	8:44	1.0	9:06	0.7	7:00	4:47	
30	Sat	3:11	8.6	3:29	8.4	9:31	1.1	9:52	1.0	6:59	4:49	
31	Sun	3:57	8.6	4:18	8.1	10:23	1.3	10:41	1.2	6:58	4:50	