

































Pine Point, Scarborough River, ME - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:15	8.1	3:25	8.5	9:26	1.6	9:56	0.9	7:14	4:15	
2	Thu	4:02	8.1	4:16	8.2	10:18	1.6	10:44	1.1	7:14	4:16	
3	Fri	4:52	8.2	5:10	7.9	11:14	1.6	11:35	1.3	7:14	4:17	
4	Sat	5:43	8.3	6:06	7.7			12:10	1.5	7:14	4:17	
5	Sun	6:34	8.4	7:02	7.7	12:26	1.4	1:04	1.3	7:14	4:18	
6	Mon	7:24	8.7	7:55	7.7	1:16	1.5	1:56	1.0	7:14	4:19	
7	Tue	8:12	8.9	8:46	7.8	2:04	1.4	2:46	0.7	7:14	4:20	
8	Wed	8:58	9.3	9:34	8.0	2:51	1.3	3:33	0.4	7:13	4:22	
9	Thu	9:43	9.7	10:20	8.3	3:37	1.2	4:19	0.0	7:13	4:23	
10	Fri	10:28	10.0	11:05	8.6	4:23	0.9	5:04	-0.4	7:13	4:24	
11	Sat	11:14	10.4	11:51	8.9	5:09	0.6	5:50	-0.7	7:13	4:25	
12	Sun			12:01	10.6	5:56	0.4	6:36	-0.9	7:12	4:26	
13	Mon	12:38	9.2	12:51	10.7	6:45	0.1	7:24	-1.0	7:12	4:27	
14	Tue	1:28	9.4	1:43	10.6	7:38	0.0	8:14	-1.0	7:11	4:28	
15	Wed	2:21	9.6	2:38	10.3	8:33	-0.1	9:06	-0.8	7:11	4:29	
16	Thu	3:15	9.8	3:36	9.9	9:32	0.0	10:01	-0.5	7:10	4:31	
17	Fri	4:12	9.8	4:37	9.4	10:34	0.0	10:58	-0.2	7:10	4:32	
18	Sat	5:12	9.9	5:41	9.0	11:38	0.0	11:58	0.1	7:09	4:33	
19	Sun	6:13	9.9	6:47	8.6			12:42	0.0	7:09	4:34	
20	Mon	7:14	9.9	7:52	8.4	12:58	0.4	1:44	-0.1	7:08	4:36	
21	Tue	8:13	9.9	8:53	8.4	1:56	0.6	2:44	-0.1	7:07	4:37	
22	Wed	9:08	9.9	9:48	8.3	2:52	0.7	3:39	-0.2	7:07	4:38	
23	Thu	9:59	9.8	10:37	8.3	3:45	0.8	4:29	-0.2	7:06	4:40	
24	Fri	10:45	9.7	11:20	8.3	4:33	0.9	5:14	-0.1	7:05	4:41	
25	Sat	11:26	9.6			5:18	0.9	5:55	0.0	7:04	4:42	
26	Sun	12:00	8.3	12:06	9.5	6:00	1.0	6:35	0.1	7:03	4:43	
27	Mon	12:38	8.3	12:44	9.3	6:41	1.1	7:13	0.3	7:02	4:45	
28	Tue	1:15	8.3	1:23	9.1	7:22	1.1	7:52	0.4	7:01	4:46	
29	Wed	1:54	8.4	2:04	8.9	8:05	1.2	8:32	0.6	7:00	4:47	
30	Thu	2:35	8.4	2:48	8.6	8:49	1.3	9:13	0.9	6:59	4:49	
31	Fri	3:17	8.4	3:34	8.3	9:37	1.3	9:58	1.1	6:58	4:50	