

































## Pine Point, Scarborough River, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:44	10.5	9:27	8.7	2:30	0.5	3:21	-0.7	7:14	4:15	
2	Fri	9:41	10.7	10:23	8.8	3:27	0.4	4:17	-1.0	7:14	4:16	
3	Sat	10:35	10.9	11:16	9.0	4:23	0.2	5:10	-1.1	7:14	4:17	
4	Sun	11:28	10.9			5:17	0.1	6:01	-1.1	7:14	4:18	
5	Mon	12:08	9.1	12:19	10.7	6:10	0.1	6:51	-1.0	7:14	4:19	
6	Tue	12:58	9.2	1:10	10.4	7:02	0.1	7:39	-0.8	7:14	4:20	
7	Wed	1:48	9.2	2:01	9.9	7:54	0.3	8:27	-0.4	7:14	4:21	
8	Thu	2:38	9.1	2:52	9.3	8:47	0.5	9:15	0.0	7:13	4:22	
9	Fri	3:27	9.0	3:44	8.8	9:41	0.8	10:03	0.5	7:13	4:23	
10	Sat	4:17	8.9	4:38	8.2	10:36	1.0	10:54	0.9	7:13	4:24	
11	Sun	5:08	8.8	5:34	7.8	11:34	1.1	11:47	1.3	7:12	4:25	
12	Mon	6:01	8.7	6:33	7.5			12:31	1.2	7:12	4:27	
13	Tue	6:54	8.6	7:30	7.3	12:39	1.6	1:27	1.2	7:12	4:28	
14	Wed	7:45	8.6	8:24	7.3	1:31	1.8	2:19	1.1	7:11	4:29	
15	Thu	8:34	8.7	9:14	7.3	2:21	1.8	3:09	1.0	7:11	4:30	
16	Fri	9:20	8.8	9:58	7.4	3:09	1.8	3:54	0.8	7:10	4:31	
17	Sat	10:02	9.0	10:38	7.6	3:53	1.7	4:36	0.7	7:10	4:33	
18	Sun	10:41	9.2	11:15	7.8	4:35	1.6	5:16	0.5	7:09	4:34	
19	Mon	11:19	9.4	11:52	8.1	5:16	1.4	5:53	0.3	7:08	4:35	
20	Tue	11:58	9.5			5:55	1.2	6:30	0.1	7:08	4:36	
21	Wed	12:30	8.4	12:38	9.6	6:37	1.0	7:09	0.0	7:07	4:38	
22	Thu	1:10	8.8	1:22	9.5	7:20	0.7	7:49	0.0	7:06	4:39	
23	Fri	1:53	9.1	2:09	9.4	8:07	0.6	8:32	0.1	7:05	4:40	
24	Sat	2:39	9.3	2:59	9.1	8:58	0.5	9:19	0.2	7:05	4:42	
25	Sun	3:28	9.5	3:54	8.8	9:54	0.4	10:11	0.5	7:04	4:43	
26	Mon	4:22	9.6	4:54	8.5	10:55	0.3	11:09	0.7	7:03	4:44	
27	Tue	5:21	9.7	5:59	8.2	11:59	0.2			7:02	4:46	
28	Wed	6:24	9.8	7:07	8.1	12:11	0.9	1:04	0.1	7:01	4:47	
29	Thu	7:28	10.0	8:13	8.2	1:14	0.9	2:08	-0.2	7:00	4:48	
30	Fri	8:31	10.2	9:16	8.4	2:16	0.8	3:08	-0.4	6:59	4:50	
31	Sat	9:31	10.4	10:12	8.7	3:16	0.5	4:05	-0.6	6:58	4:51	