US HARBORS www.USHarbors.com

Pine Point, Scarborough River, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:09	10.4	8:49	8.8	1:55	0.3	2:43	-0.6	7:14	4:15	
2	Wed	9:07	10.7	9:47	9.0	2:53	0.2	3:41	-0.9	7:14	4:16	
3	Thu	10:02	10.8	10:41	9.2	3:50	0.1	4:34	-1.1	7:14	4:17	
4	Fri	10:55	10.8	11:32	9.3	4:43	0.0	5:25	-1.1	7:14	4:18	
5	Sat	11:45	10.7			5:35	-0.1	6:14	-1.1	7:14	4:19	
6	Sun	12:21	9.3	12:33	10.4	6:25	0.0	7:00	-0.9	7:14	4:20	
7	Mon	1:08	9.3	1:21	10.0	7:15	0.1	7:46	-0.5	7:14	4:21	
8	Tue	1:55	9.2	2:09	9.5	8:04	0.3	8:32	-0.2	7:13	4:22	
9	Wed	2:42	9.1	2:57	9.0	8:55	0.6	9:18	0.3	7:13	4:23	
10	Thu	3:29	9.0	3:47	8.5	9:46	0.9	10:06	0.7	7:13	4:24	
11	Fri	4:17	8.8	4:39	8.1	10:40	1.1	10:57	1.1	7:12	4:25	
12	Sat	5:08	8.7	5:35	7.7	11:36	1.2	11:49	1.4	7:12	4:27	
13	Sun	6:01	8.6	6:33	7.5			12:33	1.2	7:12	4:28	
14	Mon	6:55	8.6	7:30	7.4	12:43	1.6	1:28	1.2	7:11	4:29	
15	Tue	7:47	8.7	8:23	7.4	1:34	1.7	2:20	1.0	7:11	4:30	
16	Wed	8:35	8.8	9:12	7.6	2:24	1.6	3:08	0.9	7:10	4:31	
17	Thu	9:21	9.0	9:55	7.8	3:11	1.5	3:53	0.6	7:10	4:33	
18	Fri	10:03	9.2	10:36	8.0	3:56	1.4	4:35	0.4	7:09	4:34	
19	Sat	10:43	9.5	11:14	8.4	4:38	1.1	5:15	0.1	7:08	4:35	
20	Sun	11:22	9.7	11:53	8.7	5:20	0.9	5:53	-0.1	7:08	4:36	
21	Mon			12:03	9.8	6:01	0.6	6:33	-0.3	7:07	4:38	
22	Tue	12:33	9.1	12:46	9.9	6:45	0.4	7:14	-0.4	7:06	4:39	
23	Wed	1:17	9.4	1:33	9.8	7:32	0.2	7:58	-0.4	7:05	4:40	
24	Thu	2:03	9.7	2:23	9.6	8:22	0.0	8:45	-0.2	7:05	4:42	
25	Fri	2:53	9.9	3:17	9.3	9:16	0.0	9:36	0.0	7:04	4:43	
26	Sat	3:46	10.0	4:15	9.0	10:15	0.0	10:33	0.2	7:03	4:44	
27	Sun	4:44	10.0	5:19	8.6	11:18	0.0	11:34	0.5	7:02	4:46	
28	Mon	5:46	10.0	6:26	8.5			12:24	0.0	7:01	4:47	
29	Tue	6:51	10.0	7:33	8.4	12:37	0.6	1:28	-0.2	7:00	4:48	
30	Wed	7:55	10.1	8:37	8.6	1:40	0.5	2:29	-0.3	6:59	4:50	
31	Thu	8:56	10.2	9:36	8.8	2:40	0.4	3:27	-0.5	6:58	4:51	