
























Pine Point, Scarborough River, ME - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:09	9.3	5:35	8.4	11:31	0.6	11:49	0.6	7:14	4:15	
2	Thu	6:06	9.2	6:36	8.0			12:31	0.7	7:14	4:16	
3	Fri	7:01	9.1	7:34	7.8	12:44	1.0	1:29	0.8	7:14	4:17	
4	Sat	7:54	9.0	8:29	7.7	1:37	1.2	2:22	0.7	7:14	4:18	
5	Sun	8:43	9.0	9:18	7.7	2:27	1.3	3:11	0.7	7:14	4:19	
6	Mon	9:28	9.0	10:02	7.8	3:14	1.4	3:56	0.6	7:14	4:20	
7	Tue	10:08	9.1	10:41	7.9	3:58	1.4	4:37	0.5	7:14	4:21	
8	Wed	10:45	9.2	11:17	8.0	4:39	1.3	5:15	0.4	7:13	4:22	
9	Thu	11:21	9.2	11:51	8.1	5:18	1.3	5:52	0.4	7:13	4:23	
10	Fri	11:57	9.3			5:57	1.2	6:29	0.3	7:13	4:24	
11	Sat	12:27	8.3	12:35	9.3	6:36	1.1	7:06	0.3	7:12	4:25	
12	Sun	1:05	8.5	1:15	9.3	7:17	1.0	7:45	0.2	7:12	4:26	
13	Mon	1:46	8.8	1:59	9.2	8:00	0.9	8:25	0.3	7:12	4:27	
14	Tue	2:30	9.0	2:46	9.0	8:47	0.8	9:10	0.4	7:11	4:29	
15	Wed	3:16	9.1	3:37	8.8	9:39	0.8	9:58	0.5	7:11	4:30	
16	Thu	4:07	9.3	4:33	8.6	10:36	0.7	10:53	0.7	7:10	4:31	
17	Fri	5:03	9.5	5:34	8.4	11:37	0.5	11:52	0.7	7:10	4:32	
18	Sat	6:02	9.7	6:38	8.4			12:39	0.2	7:09	4:34	
19	Sun	7:03	10.0	7:42	8.6	12:52	0.6	1:40	-0.2	7:08	4:35	
20	Mon	8:04	10.3	8:44	8.8	1:52	0.4	2:40	-0.5	7:08	4:36	
21	Tue	9:03	10.7	9:42	9.2	2:51	0.2	3:37	-0.9	7:07	4:37	
22	Wed	10:00	10.9	10:37	9.6	3:48	-0.2	4:31	-1.2	7:06	4:39	
23	Thu	10:53	11.1	11:28	9.8	4:43	-0.4	5:22	-1.4	7:06	4:40	
24	Fri	11:45	11.0			5:36	-0.6	6:11	-1.4	7:05	4:41	
25	Sat	12:18	10.0	12:35	10.8	6:28	-0.7	6:59	-1.3	7:04	4:43	
26	Sun	1:07	10.1	1:26	10.4	7:20	-0.6	7:47	-0.9	7:03	4:44	
27	Mon	1:56	10.0	2:16	9.8	8:11	-0.3	8:35	-0.5	7:02	4:45	
28	Tue	2:46	9.8	3:07	9.2	9:04	0.0	9:24	0.0	7:01	4:47	
29	Wed	3:36	9.5	4:00	8.7	9:58	0.4	10:15	0.5	7:00	4:48	
30	Thu	4:28	9.2	4:56	8.1	10:54	0.7	11:09	1.0	6:59	4:49	
31	Fri	5:23	8.9	5:55	7.8	11:53	0.9			6:58	4:51	