

































Pine Point, Scarborough River, ME - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:07	8.5	3:18	8.8	9:15	1.2	9:44	0.6	7:14	4:15	
2	Fri	3:55	8.4	4:09	8.3	10:08	1.3	10:32	0.9	7:14	4:16	
3	Sat	4:44	8.4	5:03	7.9	11:04	1.4	11:22	1.3	7:14	4:17	
4	Sun	5:34	8.4	5:59	7.6			12:00	1.4	7:14	4:18	
5	Mon	6:25	8.4	6:56	7.4	12:13	1.5	12:56	1.3	7:14	4:19	
6	Tue	7:16	8.5	7:51	7.3	1:04	1.7	1:48	1.2	7:14	4:20	
7	Wed	8:04	8.6	8:42	7.4	1:53	1.8	2:39	1.0	7:14	4:21	
8	Thu	8:50	8.8	9:29	7.4	2:41	1.8	3:26	0.8	7:13	4:22	
9	Fri	9:34	9.0	10:12	7.6	3:26	1.7	4:11	0.6	7:13	4:23	
10	Sat	10:16	9.3	10:53	7.8	4:10	1.6	4:53	0.4	7:13	4:24	
11	Sun	10:57	9.5	11:32	8.1	4:52	1.4	5:33	0.1	7:12	4:25	
12	Mon	11:38	9.8			5:34	1.2	6:14	-0.1	7:12	4:26	
13	Tue	12:13	8.4	12:21	9.9	6:17	0.9	6:55	-0.3	7:12	4:28	
14	Wed	12:56	8.7	1:06	10.0	7:03	0.7	7:38	-0.4	7:11	4:29	
15	Thu	1:42	9.0	1:55	9.8	7:52	0.5	8:24	-0.3	7:11	4:30	
16	Fri	2:30	9.3	2:48	9.6	8:45	0.4	9:12	-0.2	7:10	4:31	
17	Sat	3:21	9.5	3:43	9.2	9:42	0.3	10:04	0.1	7:10	4:32	
18	Sun	4:15	9.7	4:43	8.8	10:43	0.2	11:01	0.3	7:09	4:34	
19	Mon	5:13	9.8	5:48	8.5	11:47	0.2			7:08	4:35	
20	Tue	6:15	9.9	6:55	8.3	12:01	0.6	12:51	0.0	7:08	4:36	
21	Wed	7:17	10.0	8:01	8.2	1:02	0.7	1:55	-0.1	7:07	4:37	
22	Thu	8:19	10.1	9:04	8.3	2:03	0.8	2:55	-0.3	7:06	4:39	
23	Fri	9:18	10.1	10:01	8.4	3:02	0.8	3:53	-0.4	7:05	4:40	
24	Sat	10:12	10.2	10:52	8.5	3:58	0.7	4:45	-0.5	7:05	4:41	
25	Sun	11:02	10.2	11:39	8.6	4:50	0.6	5:33	-0.5	7:04	4:43	
26	Mon	11:48	10.0			5:39	0.6	6:17	-0.4	7:03	4:44	
27	Tue	12:23	8.7	12:32	9.8	6:25	0.6	6:59	-0.2	7:02	4:45	
28	Wed	1:05	8.7	1:15	9.4	7:10	0.7	7:40	0.1	7:01	4:47	
29	Thu	1:46	8.7	1:57	9.1	7:55	0.8	8:20	0.4	7:00	4:48	
30	Fri	2:27	8.7	2:41	8.6	8:40	1.0	9:02	0.7	6:59	4:49	
31	Sat	3:09	8.6	3:27	8.2	9:28	1.1	9:45	1.1	6:58	4:51	