

































Pine Point, Scarborough River, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:59	9.1	6:44	7.7			12:35	0.7	6:16	5:30	
2	Fri	7:04	8.9	7:48	7.6	12:47	1.4	1:37	0.8	6:15	5:31	
3	Sat	8:05	8.8	8:45	7.7	1:47	1.5	2:34	0.8	6:13	5:32	
4	Sun	8:59	8.8	9:34	7.9	2:43	1.4	3:24	0.8	6:11	5:34	
5	Mon	9:45	8.8	10:15	8.1	3:33	1.3	4:07	0.7	6:10	5:35	
6	Tue	10:26	8.8	10:50	8.3	4:16	1.2	4:45	0.7	6:08	5:36	
7	Wed	11:01	8.8	11:22	8.5	4:56	1.0	5:19	0.7	6:06	5:37	
8	Thu	11:35	8.8	11:52	8.7	5:33	0.9	5:52	0.7	6:05	5:39	
9	Fri			12:09	8.7	6:09	0.7	6:25	0.8	6:03	5:40	
10	Sat	12:24	8.9	12:44	8.6	6:46	0.6	6:59	0.9	6:01	5:41	
11	Sun	12:59	9.0	2:22	8.5	8:24	0.6	8:35	1.0	6:59	6:42	
12	Mon	2:37	9.1	3:04	8.3	9:05	0.6	9:14	1.2	6:57	6:44	
13	Tue	3:19	9.1	3:50	8.1	9:50	0.7	9:58	1.4	6:56	6:45	
14	Wed	4:06	9.0	4:40	7.9	10:40	0.8	10:48	1.6	6:54	6:46	
15	Thu	4:58	9.0	5:37	7.7	11:37	0.9	11:47	1.7	6:52	6:47	
16	Fri	5:56	9.0	6:39	7.7			12:39	0.8	6:50	6:48	
17	Sat	6:59	9.1	7:43	7.9	12:51	1.6	1:42	0.6	6:49	6:50	
18	Sun	8:03	9.4	8:45	8.4	1:55	1.3	2:41	0.2	6:47	6:51	
19	Mon	9:05	9.7	9:42	9.0	2:56	0.8	3:36	-0.2	6:45	6:52	
20	Tue	10:04	10.1	10:36	9.7	3:54	0.1	4:29	-0.5	6:43	6:53	
21	Wed	10:59	10.3	11:26	10.3	4:50	-0.5	5:19	-0.8	6:41	6:55	
22	Thu	11:51	10.5			5:43	-1.0	6:07	-1.0	6:40	6:56	
23	Fri	12:14	10.7	12:41	10.4	6:35	-1.3	6:54	-0.9	6:38	6:57	
24	Sat	1:01	11.0	1:31	10.1	7:25	-1.4	7:42	-0.7	6:36	6:58	
25	Sun	1:50	11.0	2:22	9.7	8:17	-1.3	8:31	-0.3	6:34	6:59	
26	Mon	2:40	10.7	3:15	9.2	9:09	-1.0	9:22	0.1	6:32	7:01	
27	Tue	3:32	10.3	4:10	8.7	10:03	-0.5	10:16	0.7	6:31	7:02	
28	Wed	4:27	9.7	5:08	8.2	11:00	0.1	11:14	1.1	6:29	7:03	
29	Thu	5:26	9.2	6:10	7.8			12:01	0.5	6:27	7:04	
30	Fri	6:29	8.8	7:15	7.7	12:16	1.5	1:04	0.9	6:25	7:05	
31	Sat	7:33	8.5	8:16	7.7	1:20	1.6	2:04	1.0	6:23	7:06	