




























## Pine Point, Scarborough River, ME - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:44	9.7	5:08	9.3	11:03	0.1	11:28	-0.1	7:14	4:15	
2	Fri	5:44	9.6	6:12	8.8			12:06	0.3	7:14	4:16	
3	Sat	6:44	9.5	7:15	8.5	12:26	0.2	1:08	0.3	7:14	4:17	
4	Sun	7:41	9.5	8:14	8.3	1:23	0.5	2:06	0.3	7:14	4:18	
5	Mon	8:34	9.5	9:08	8.2	2:16	0.7	2:59	0.3	7:14	4:19	
6	Tue	9:22	9.4	9:55	8.1	3:06	0.9	3:48	0.3	7:14	4:20	
7	Wed	10:05	9.4	10:38	8.1	3:53	1.0	4:31	0.3	7:13	4:21	
8	Thu	10:44	9.3	11:15	8.1	4:35	1.1	5:11	0.3	7:13	4:22	
9	Fri	11:20	9.3	11:51	8.1	5:15	1.2	5:49	0.3	7:13	4:23	
10	Sat	11:55	9.3			5:53	1.2	6:26	0.3	7:13	4:24	
11	Sun	12:26	8.2	12:31	9.2	6:32	1.2	7:03	0.3	7:12	4:26	
12	Mon	1:03	8.3	1:10	9.1	7:11	1.2	7:42	0.4	7:12	4:27	
13	Tue	1:42	8.4	1:51	9.0	7:53	1.2	8:22	0.5	7:11	4:28	
14	Wed	2:23	8.5	2:35	8.9	8:38	1.2	9:04	0.6	7:11	4:29	
15	Thu	3:08	8.6	3:23	8.7	9:25	1.2	9:50	0.7	7:11	4:30	
16	Fri	3:55	8.7	4:14	8.5	10:18	1.2	10:39	0.9	7:10	4:31	
17	Sat	4:46	8.8	5:10	8.3	11:14	1.1	11:33	0.9	7:09	4:33	
18	Sun	5:40	9.0	6:09	8.3			12:13	0.8	7:09	4:34	
19	Mon	6:36	9.4	7:09	8.4	12:28	0.9	1:11	0.4	7:08	4:35	
20	Tue	7:33	9.8	8:09	8.6	1:24	0.7	2:08	0.0	7:07	4:37	
21	Wed	8:29	10.2	9:07	8.9	2:20	0.5	3:04	-0.5	7:07	4:38	
22	Thu	9:25	10.7	10:02	9.3	3:15	0.1	3:58	-1.0	7:06	4:39	
23	Fri	10:19	11.1	10:55	9.7	4:10	-0.2	4:51	-1.4	7:05	4:40	
24	Sat	11:11	11.3	11:47	10.0	5:03	-0.6	5:42	-1.6	7:04	4:42	
25	Sun			12:04	11.3	5:56	-0.8	6:32	-1.7	7:03	4:43	
26	Mon	12:39	10.2	12:56	11.1	6:49	-0.9	7:23	-1.6	7:03	4:44	
27	Tue	1:31	10.3	1:50	10.7	7:44	-0.8	8:14	-1.3	7:02	4:46	
28	Wed	2:24	10.2	2:45	10.2	8:39	-0.6	9:06	-0.8	7:01	4:47	
29	Thu	3:18	10.0	3:41	9.6	9:36	-0.3	10:00	-0.3	7:00	4:48	
30	Fri	4:14	9.8	4:40	9.0	10:35	0.1	10:57	0.2	6:59	4:50	
31	Sat	5:12	9.5	5:42	8.5	11:37	0.4	11:55	0.6	6:58	4:51	