

































Pine Point, Scarborough River, ME - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:04	9.4	2:18	9.8	8:13	0.2	8:43	-0.4	7:14	4:15	
2	Thu	2:54	9.3	3:09	9.3	9:05	0.5	9:32	0.0	7:14	4:16	
3	Fri	3:44	9.1	4:02	8.8	9:59	0.7	10:23	0.4	7:14	4:17	
4	Sat	4:36	8.9	4:57	8.3	10:55	1.0	11:15	0.8	7:14	4:18	
5	Sun	5:29	8.8	5:54	7.9	11:53	1.1			7:14	4:19	
6	Mon	6:23	8.7	6:51	7.7	12:09	1.1	12:49	1.1	7:14	4:20	
7	Tue	7:15	8.7	7:47	7.6	1:01	1.3	1:43	1.0	7:13	4:21	
8	Wed	8:05	8.8	8:38	7.7	1:51	1.4	2:33	0.9	7:13	4:22	
9	Thu	8:51	8.9	9:25	7.8	2:40	1.4	3:21	0.7	7:13	4:23	
10	Fri	9:34	9.1	10:07	7.9	3:25	1.4	4:04	0.6	7:13	4:25	
11	Sat	10:14	9.3	10:45	8.1	4:08	1.3	4:45	0.4	7:12	4:26	
12	Sun	10:52	9.4	11:23	8.4	4:49	1.1	5:24	0.2	7:12	4:27	
13	Mon	11:30	9.6			5:29	0.9	6:02	0.0	7:11	4:28	
14	Tue	12:01	8.6	12:10	9.7	6:10	0.8	6:41	-0.2	7:11	4:29	
15	Wed	12:41	8.9	12:53	9.8	6:52	0.6	7:22	-0.3	7:10	4:30	
16	Thu	1:24	9.2	1:39	9.8	7:38	0.4	8:06	-0.3	7:10	4:32	
17	Fri	2:10	9.4	2:28	9.6	8:27	0.3	8:53	-0.2	7:09	4:33	
18	Sat	3:00	9.6	3:21	9.4	9:21	0.2	9:44	-0.1	7:09	4:34	
19	Sun	3:53	9.7	4:19	9.1	10:19	0.2	10:40	0.1	7:08	4:35	
20	Mon	4:50	9.8	5:21	8.9	11:22	0.1	11:40	0.3	7:07	4:37	
21	Tue	5:51	10.0	6:27	8.7			12:26	-0.1	7:07	4:38	
22	Wed	6:54	10.1	7:33	8.8	12:42	0.3	1:29	-0.3	7:06	4:39	
23	Thu	7:56	10.3	8:36	8.9	1:43	0.2	2:29	-0.5	7:05	4:41	
24	Fri	8:56	10.5	9:35	9.1	2:42	0.1	3:27	-0.8	7:04	4:42	
25	Sat	9:52	10.6	10:29	9.3	3:39	-0.1	4:21	-1.0	7:03	4:43	
26	Sun	10:44	10.7	11:18	9.5	4:33	-0.2	5:11	-1.0	7:02	4:45	
27	Mon	11:33	10.6			5:24	-0.2	5:58	-1.0	7:01	4:46	
28	Tue	12:05	9.5	12:19	10.3	6:12	-0.2	6:43	-0.8	7:00	4:47	
29	Wed	12:50	9.5	1:05	10.0	7:00	-0.1	7:27	-0.5	6:59	4:49	
30	Thu	1:34	9.4	1:50	9.5	7:47	0.2	8:11	-0.1	6:58	4:50	
31	Fri	2:18	9.3	2:36	9.1	8:34	0.4	8:55	0.3	6:57	4:51	