US HARBORS www.USHarbors.com

Portland, ME - Aug 1719

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:50	9.4	11:57	10.3	5:37	-0.4	5:44	0.5	4:32	7:08	
2	Wed			12:31	9.4	6:17	-0.3	6:26	0.6	4:33	7:07	
3	Thu	12:38	10.0	1:10	9.3	6:56	-0.1	7:07	0.8	4:34	7:06	
4	Fri	1:18	9.7	1:50	9.2	7:33	0.2	7:49	1.0	4:36	7:05	
5	Sat	2:00	9.3	2:30	9.1	8:12	0.5	8:33	1.1	4:37	7:03	
6	Sun	2:43	9.0	3:12	9.0	8:52	0.8	9:19	1.3	4:38	7:02	
7	Mon	3:30	8.6	3:57	8.9	9:35	1.1	10:08	1.4	4:39	7:01	
8	Tue	4:20	8.3	4:44	8.9	10:21	1.4	11:00	1.5	4:40	6:59	
9	Wed	5:12	8.0	5:33	8.9	11:09	1.6	11:54	1.4	4:41	6:58	
10	Thu	6:08	7.9	6:26	9.1			12:02	1.6	4:42	6:57	
11	Fri	7:06	8.0	7:20	9.4	12:52	1.2	12:57	1.5	4:43	6:55	
12	Sat	8:00	8.3	8:12	9.8	1:47	0.8	1:51	1.2	4:44	6:54	
13	Sun	8:50	8.7	9:01	10.3	2:37	0.3	2:42	0.8	4:46	6:52	
14	Mon	9:38	9.2	9:49	10.7	3:25	-0.2	3:31	0.3	4:47	6:51	
15	Tue	10:25	9.6	10:37	11.1	4:11	-0.7	4:21	-0.2	4:48	6:49	
16	Wed	11:12	10.1	11:26	11.3	4:58	-1.1	5:10	-0.5	4:49	6:48	
17	Thu			12:00	10.5	5:45	-1.3	6:01	-0.8	4:50	6:46	
18	Fri	12:16	11.3	12:48	10.8	6:32	-1.4	6:52	-0.9	4:51	6:45	
19	Sat	1:07	11.1	1:38	10.8	7:21	-1.3	7:46	-0.9	4:52	6:43	
20	Sun	2:01	10.7	2:31	10.8	8:12	-1.0	8:44	-0.7	4:54	6:41	
21	Mon	3:00	10.3	3:28	10.6	9:07	-0.5	9:45	-0.4	4:55	6:40	
22	Tue	4:02	9.7	4:28	10.4	10:06	0.0	10:49	-0.1	4:56	6:38	
23	Wed	5:07	9.3	5:31	10.2	11:07	0.4	11:57	0.1	4:57	6:37	
24	Thu	6:14	9.0	6:36	10.1			12:13	0.7	4:58	6:35	
25	Fri	7:20	8.9	7:38	10.1	1:04	0.1	1:18	0.8	4:59	6:33	
26	Sat	8:20	9.0	8:35	10.1	2:07	0.0	2:18	0.7	5:00	6:32	
27	Sun	9:13	9.1	9:26	10.2	3:01	-0.1	3:11	0.6	5:01	6:30	
28	Mon	10:01	9.3	10:13	10.2	3:50	-0.2	3:59	0.5	5:03	6:28	
29	Tue	10:45	9.4	10:56	10.1	4:33	-0.2	4:43	0.4	5:04	6:27	
30	Wed	11:25	9.4	11:36	10.0	5:13	-0.1	5:23	0.4	5:05	6:25	
31	Thu			12:01	9.4	5:49	0.0	6:02	0.5	5:06	6:23	