US HARBORS www.USHarbors.com

Portland, ME - Jul 1759

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:38	9.0	4:19	8.8	9:56	0.8	10:21	1.6	4:06	7:30	
2	Mon	4:30	8.6	5:07	8.8	10:43	1.1	11:15	1.7	4:06	7:29	
3	Tue	5:24	8.3	5:55	8.8	11:31	1.4			4:07	7:29	
4	Wed	6:19	8.1	6:45	9.0	12:11	1.6	12:20	1.5	4:08	7:29	
5	Thu	7:15	8.0	7:33	9.1	1:07	1.5	1:11	1.6	4:08	7:29	
6	Fri	8:07	8.1	8:18	9.4	1:59	1.2	1:58	1.6	4:09	7:28	
7	Sat	8:56	8.2	9:01	9.7	2:45	0.8	2:43	1.5	4:10	7:28	
8	Sun	9:41	8.4	9:43	10.0	3:28	0.5	3:26	1.3	4:10	7:28	
9	Mon	10:25	8.6	10:25	10.2	4:10	0.2	4:09	1.1	4:11	7:27	
10	Tue	11:08	8.8	11:09	10.5	4:53	-0.2	4:53	0.9	4:12	7:27	
11	Wed	11:51	9.0	11:53	10.7	5:35	-0.4	5:38	0.7	4:13	7:26	
12	Thu			12:35	9.3	6:18	-0.6	6:25	0.5	4:13	7:26	
13	Fri	12:39	10.7	1:20	9.5	7:03	-0.8	7:14	0.4	4:14	7:25	
14	Sat	1:27	10.7	2:08	9.7	7:50	-0.8	8:07	0.3	4:15	7:24	
15	Sun	2:19	10.4	3:00	9.9	8:40	-0.7	9:03	0.2	4:16	7:24	
16	Mon	3:15	10.1	3:54	10.0	9:32	-0.5	10:03	0.2	4:17	7:23	
17	Tue	4:15	9.8	4:50	10.2	10:27	-0.2	11:05	0.2	4:18	7:22	
18	Wed	5:18	9.4	5:49	10.3	11:24	0.1			4:19	7:22	
19	Thu	6:24	9.2	6:49	10.4	12:10	0.1	12:25	0.4	4:20	7:21	
20	Fri	7:30	9.1	7:49	10.5	1:16	-0.1	1:27	0.5	4:20	7:20	
21	Sat	8:31	9.1	8:45	10.7	2:18	-0.3	2:26	0.5	4:21	7:19	
22	Sun	9:28	9.2	9:39	10.7	3:15	-0.5	3:21	0.5	4:22	7:18	
23	Mon	10:21	9.3	10:30	10.7	4:08	-0.7	4:13	0.5	4:23	7:17	
24	Tue	11:11	9.3	11:18	10.6	4:57	-0.7	5:02	0.5	4:24	7:17	
25	Wed	11:57	9.3			5:44	-0.6	5:49	0.6	4:25	7:16	
26	Thu	12:03	10.4	12:41	9.2	6:27	-0.4	6:33	0.7	4:26	7:15	
27	Fri	12:46	10.1	1:23	9.1	7:08	-0.1	7:17	0.9	4:27	7:14	
28	Sat	1:29	9.8	2:04	9.0	7:48	0.2	8:01	1.1	4:28	7:12	
29	Sun	2:13	9.4	2:47	9.0	8:28	0.5	8:48	1.3	4:30	7:11	
30	Mon	2:58	8.9	3:30	8.9	9:10	0.9	9:36	1.4	4:31	7:10	
31	Tue	3:47	8.5	4:15	8.8	9:53	1.2	10:26	1.5	4:32	7:09	