US HARBORS www.USHarbors.com

Portland, ME - Jul 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**10:39**	9.2	**10:43**	10.8	**4:24**	-0.4	**4:28**	0.5	4:06	7:29	
2	Tue	**11:26**	9.4	**11:31**	11.1	**5:10**	-0.8	**5:16**	0.2	4:07	7:29	
3	Wed			**12:13**	9.7	**5:57**	-1.0	**6:05**	0.1	4:08	7:29	
4	Thu	**12:20**	11.2	**1:02**	9.8	**6:45**	-1.2	**6:57**	0.0	4:08	7:29	
5	Fri	**1:10**	11.1	**1:53**	10.0	**7:34**	-1.2	**7:51**	0.0	4:09	7:28	
6	Sat	**2:04**	10.8	**2:48**	10.1	**8:27**	-1.0	**8:49**	0.1	4:10	7:28	
7	Sun	**3:03**	10.5	**3:45**	10.1	**9:21**	-0.7	**9:50**	0.1	4:10	7:28	
8	Mon	**4:04**	10.1	**4:43**	10.2	**10:18**	-0.4	**10:54**	0.2	4:11	7:27	
9	Tue	**5:07**	9.7	**5:42**	10.2	**11:16**	-0.1	**11:59**	0.2	4:12	7:27	
10	Wed	**6:13**	9.4	**6:42**	10.3			**12:17**	0.2	4:13	7:26	
11	Thu	**7:18**	9.2	**7:41**	10.4	**1:05**	0.0	**1:18**	0.4	4:13	7:26	
12	Fri	**8:19**	9.1	**8:36**	10.5	**2:07**	-0.1	**2:16**	0.6	4:14	7:25	
13	Sat	**9:15**	9.1	**9:27**	10.5	**3:03**	-0.3	**3:10**	0.6	4:15	7:25	
14	Sun	**10:07**	9.2	**10:15**	10.5	**3:54**	-0.4	**3:59**	0.7	4:16	7:24	
15	Mon	**10:55**	9.2	**11:01**	10.4	**4:42**	-0.4	**4:46**	0.7	4:17	7:23	
16	Tue	**11:40**	9.1	**11:43**	10.3	**5:26**	-0.4	**5:30**	0.8	4:18	7:23	
17	Wed			**12:21**	9.1	**6:08**	-0.2	**6:11**	0.9	4:19	7:22	
18	Thu	**12:24**	10.1	**1:01**	9.0	**6:46**	-0.1	**6:52**	1.0	4:19	7:21	
19	Fri	**1:04**	9.8	**1:40**	9.0	**7:24**	0.2	**7:33**	1.2	4:20	7:20	
20	Sat	**1:44**	9.5	**2:20**	8.9	**8:02**	0.4	**8:16**	1.3	4:21	7:19	
21	Sun	**2:27**	9.2	**3:02**	8.9	**8:42**	0.6	**9:02**	1.4	4:22	7:19	
22	Mon	**3:12**	8.8	**3:45**	8.8	**9:23**	0.9	**9:49**	1.5	4:23	7:18	
23	Tue	**3:59**	8.5	**4:29**	8.9	**10:06**	1.1	**10:39**	1.5	4:24	7:17	
24	Wed	**4:49**	8.3	**5:16**	8.9	**10:52**	1.3	**11:31**	1.4	4:25	7:16	
25	Thu	**5:43**	8.1	**6:05**	9.1	**11:42**	1.4			4:26	7:15	
26	Fri	**6:40**	8.1	**6:57**	9.4	**12:27**	1.2	**12:35**	1.4	4:27	7:14	
27	Sat	**7:37**	8.2	**7:50**	9.8	**1:24**	0.9	**1:29**	1.2	4:28	7:13	
28	Sun	**8:30**	8.6	**8:40**	10.3	**2:17**	0.4	**2:22**	0.9	4:29	7:11	
29	Mon	**9:21**	9.0	**9:30**	10.7	**3:08**	-0.1	**3:13**	0.5	4:31	7:10	
30	Tue	**10:11**	9.4	**10:21**	11.1	**3:57**	-0.6	**4:04**	0.1	4:32	7:09	
31	Wed	**11:01**	9.8	**11:12**	11.4	**4:46**	-1.1	**4:55**	-0.3	4:33	7:08	