US HARBORS www.USHarbors.com

Portland, ME - Jan 1790

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**10:39**	10.6	**11:17**	9.4	**4:23**	0.2	**5:02**	-0.9	7:19	4:19	
2	Sat	**11:23**	10.9			**5:08**	-0.1	**5:45**	-1.2	7:19	4:20	
3	Sun	**12:00**	9.7	**12:09**	11.0	**5:54**	-0.3	**6:29**	-1.3	7:19	4:21	
4	Mon	**12:45**	9.9	**12:56**	10.9	**6:43**	-0.5	**7:15**	-1.3	7:19	4:22	
5	Tue	**1:32**	10.1	**1:46**	10.6	**7:34**	-0.5	**8:04**	-1.1	7:18	4:23	
6	Wed	**2:23**	10.1	**2:42**	10.2	**8:29**	-0.4	**8:57**	-0.8	7:18	4:24	
7	Thu	**3:17**	10.1	**3:42**	9.7	**9:28**	-0.2	**9:53**	-0.4	7:18	4:25	
8	Fri	**4:16**	10.1	**4:46**	9.3	**10:31**	-0.1	**10:52**	0.0	7:18	4:26	
9	Sat	**5:16**	10.0	**5:53**	9.0	**11:37**	0.0	**11:55**	0.3	7:18	4:27	
10	Sun	**6:20**	10.0	**7:02**	8.8			**12:46**	-0.1	7:17	4:28	
11	Mon	**7:23**	10.1	**8:06**	8.9	**1:00**	0.4	**1:52**	-0.3	7:17	4:29	
12	Tue	**8:23**	10.3	**9:04**	9.0	**2:03**	0.4	**2:51**	-0.5	7:17	4:31	
13	Wed	**9:17**	10.4	**9:56**	9.2	**2:59**	0.3	**3:43**	-0.7	7:16	4:32	
14	Thu	**10:06**	10.5	**10:44**	9.3	**3:51**	0.2	**4:31**	-0.8	7:16	4:33	
15	Fri	**10:53**	10.4	**11:28**	9.3	**4:38**	0.1	**5:15**	-0.8	7:15	4:34	
16	Sat	**11:36**	10.3			**5:23**	0.2	**5:56**	-0.6	7:15	4:35	
17	Sun	**12:09**	9.3	**12:17**	10.0	**6:05**	0.2	**6:34**	-0.4	7:14	4:37	
18	Mon	**12:48**	9.2	**12:56**	9.7	**6:45**	0.4	**7:11**	-0.1	7:13	4:38	
19	Tue	**1:26**	9.1	**1:36**	9.3	**7:25**	0.6	**7:48**	0.2	7:13	4:39	
20	Wed	**2:05**	9.0	**2:17**	8.9	**8:07**	0.8	**8:27**	0.5	7:12	4:40	
21	Thu	**2:46**	8.8	**3:02**	8.5	**8:52**	1.0	**9:09**	0.9	7:11	4:42	
22	Fri	**3:30**	8.7	**3:51**	8.1	**9:40**	1.2	**9:54**	1.2	7:10	4:43	
23	Sat	**4:16**	8.6	**4:44**	7.8	**10:32**	1.3	**10:42**	1.4	7:10	4:44	
24	Sun	**5:06**	8.6	**5:41**	7.6	**11:27**	1.4	**11:35**	1.6	7:09	4:46	
25	Mon	**6:00**	8.7	**6:41**	7.6			**12:26**	1.2	7:08	4:47	
26	Tue	**6:56**	8.9	**7:39**	7.9	**12:32**	1.5	**1:24**	0.9	7:07	4:48	
27	Wed	**7:50**	9.3	**8:31**	8.3	**1:28**	1.3	**2:17**	0.4	7:06	4:50	
28	Thu	**8:41**	9.8	**9:19**	8.8	**2:21**	0.8	**3:05**	-0.2	7:05	4:51	
29	Fri	**9:28**	10.4	**10:05**	9.3	**3:11**	0.3	**3:51**	-0.7	7:04	4:52	
30	Sat	**10:16**	10.8	**10:51**	9.8	**3:59**	-0.2	**4:36**	-1.2	7:03	4:54	
31	Sun	**11:03**	11.1	**11:36**	10.3	**4:47**	-0.7	**5:22**	-1.6	7:02	4:55	