US HARBORS www.USHarbors.com

Portland, ME - Jul 1792

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**7:45**	9.2	**8:05**	10.9	**1:34**	-0.1	**1:45**	0.2	4:07	7:29	
2	Mon	**8:44**	9.6	**9:00**	11.3	**2:32**	-0.6	**2:42**	-0.1	4:07	7:29	
3	Tue	**9:41**	9.9	**9:55**	11.7	**3:27**	-1.2	**3:37**	-0.4	4:08	7:29	
4	Wed	**10:37**	10.2	**10:50**	11.9	**4:22**	-1.6	**4:33**	-0.7	4:08	7:29	
5	Thu	**11:33**	10.5	**11:46**	11.9	**5:16**	-1.8	**5:29**	-0.8	4:09	7:28	
6	Fri			**12:27**	10.6	**6:09**	-1.9	**6:24**	-0.7	4:10	7:28	
7	Sat	**12:41**	11.7	**1:22**	10.6	**7:02**	-1.7	**7:21**	-0.6	4:10	7:28	
8	Sun	**1:36**	11.3	**2:17**	10.5	**7:56**	-1.3	**8:19**	-0.3	4:11	7:27	
9	Mon	**2:34**	10.7	**3:14**	10.3	**8:51**	-0.9	**9:20**	0.0	4:12	7:27	
10	Tue	**3:33**	10.1	**4:11**	10.1	**9:47**	-0.3	**10:22**	0.3	4:13	7:26	
11	Wed	**4:34**	9.5	**5:07**	9.9	**10:44**	0.2	**11:24**	0.6	4:13	7:26	
12	Thu	**5:35**	9.0	**6:04**	9.7	**11:41**	0.7			4:14	7:25	
13	Fri	**6:36**	8.7	**7:01**	9.7	**12:27**	0.7	**12:39**	1.0	4:15	7:25	
14	Sat	**7:36**	8.5	**7:54**	9.6	**1:28**	0.7	**1:36**	1.2	4:16	7:24	
15	Sun	**8:30**	8.5	**8:43**	9.7	**2:22**	0.6	**2:27**	1.3	4:17	7:23	
16	Mon	**9:19**	8.5	**9:27**	9.8	**3:11**	0.5	**3:13**	1.2	4:18	7:22	
17	Tue	**10:03**	8.6	**10:09**	9.8	**3:54**	0.3	**3:55**	1.2	4:19	7:22	
18	Wed	**10:45**	8.7	**10:49**	9.9	**4:34**	0.2	**4:34**	1.1	4:20	7:21	
19	Thu	**11:24**	8.8	**11:26**	9.9	**5:12**	0.2	**5:12**	1.1	4:21	7:20	
20	Fri			**12:00**	8.9	**5:46**	0.1	**5:49**	1.0	4:22	7:19	
21	Sat	**12:02**	9.9	**12:35**	9.0	**6:20**	0.1	**6:25**	1.0	4:23	7:18	
22	Sun	**12:37**	9.8	**1:10**	9.1	**6:53**	0.1	**7:03**	1.0	4:23	7:17	
23	Mon	**1:14**	9.6	**1:45**	9.2	**7:29**	0.2	**7:43**	0.9	4:24	7:17	
24	Tue	**1:53**	9.5	**2:24**	9.3	**8:07**	0.2	**8:28**	0.9	4:26	7:16	
25	Wed	**2:36**	9.3	**3:06**	9.4	**8:49**	0.3	**9:16**	0.8	4:27	7:15	
26	Thu	**3:24**	9.1	**3:53**	9.6	**9:35**	0.4	**10:08**	0.7	4:28	7:14	
27	Fri	**4:17**	9.0	**4:45**	9.8	**10:26**	0.5	**11:05**	0.5	4:29	7:12	
28	Sat	**5:15**	8.9	**5:41**	10.1	**11:20**	0.5			4:30	7:11	
29	Sun	**6:18**	8.9	**6:42**	10.4	**12:06**	0.3	**12:20**	0.4	4:31	7:10	
30	Mon	**7:23**	9.1	**7:43**	10.8	**1:10**	-0.1	**1:23**	0.2	4:32	7:09	
31	Tue	**8:25**	9.5	**8:43**	11.2	**2:12**	-0.6	**2:23**	-0.1	4:33	7:08	