US HARBORS www.USHarbors.com

Portland, ME - Jan 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:02	9.1	4:19	9.0	10:06	0.9	10:35	0.5	7:19	4:19	
2	Sat	4:57	8.9	5:19	8.5	11:08	1.1	11:30	0.9	7:19	4:20	
3	Sun	5:52	8.9	6:20	8.2			12:10	1.1	7:19	4:20	
4	Mon	6:46	8.9	7:19	8.1	12:26	1.2	1:11	1.0	7:19	4:21	
5	Tue	7:38	9.0	8:12	8.1	1:20	1.3	2:05	0.8	7:18	4:22	
6	Wed	8:25	9.2	9:01	8.2	2:10	1.3	2:52	0.6	7:18	4:23	
7	Thu	9:08	9.4	9:45	8.3	2:54	1.3	3:35	0.3	7:18	4:24	
8	Fri	9:48	9.6	10:26	8.5	3:35	1.2	4:14	0.1	7:18	4:25	
9	Sat	10:27	9.7	11:05	8.6	4:13	1.1	4:52	0.0	7:18	4:27	
10	Sun	11:04	9.8	11:42	8.6	4:50	0.9	5:27	-0.2	7:17	4:28	
11	Mon	11:41	9.9			5:27	0.8	6:02	-0.3	7:17	4:29	
12	Tue	12:18	8.7	12:17	10.0	6:04	0.7	6:38	-0.3	7:17	4:30	
13	Wed	12:53	8.8	12:55	9.9	6:44	0.7	7:16	-0.3	7:16	4:31	
14	Thu	1:31	8.9	1:36	9.8	7:26	0.6	7:57	-0.3	7:16	4:32	
15	Fri	2:12	9.0	2:22	9.6	8:12	0.5	8:42	-0.2	7:15	4:34	
16	Sat	2:58	9.2	3:14	9.4	9:04	0.5	9:30	-0.1	7:15	4:35	
17	Sun	3:48	9.4	4:10	9.1	10:00	0.4	10:23	0.1	7:14	4:36	
18	Mon	4:43	9.6	5:12	8.9	11:00	0.3	11:20	0.3	7:14	4:37	
19	Tue	5:41	9.8	6:19	8.8			12:05	0.1	7:13	4:38	
20	Wed	6:44	10.1	7:27	8.9	12:21	0.3	1:12	-0.3	7:12	4:40	
21	Thu	7:46	10.4	8:31	9.1	1:25	0.2	2:16	-0.7	7:12	4:41	
22	Fri	8:45	10.8	9:29	9.4	2:26	0.0	3:14	-1.2	7:11	4:42	
23	Sat	9:42	11.1	10:25	9.7	3:24	-0.2	4:10	-1.5	7:10	4:44	
24	Sun	10:36	11.2	11:17	9.8	4:19	-0.4	5:02	-1.6	7:09	4:45	
25	Mon	11:28	11.2			5:12	-0.5	5:52	-1.5	7:08	4:46	
26	Tue	12:07	9.9	12:19	11.0	6:03	-0.5	6:40	-1.3	7:07	4:48	
27	Wed	12:55	9.8	1:07	10.6	6:53	-0.3	7:26	-0.9	7:06	4:49	
28	Thu	1:42	9.6	1:56	10.0	7:43	0.0	8:13	-0.4	7:06	4:50	
29	Fri	2:30	9.4	2:47	9.4	8:34	0.4	9:01	0.1	7:05	4:52	
30	Sat	3:19	9.1	3:41	8.8	9:28	0.7	9:49	0.7	7:04	4:53	
31	Sun	4:10	8.9	4:36	8.2	10:24	1.0	10:40	1.2	7:02	4:54	