US HARBORS www.USHarbors.com

Portland, ME - Jul 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:07	9.2	7:30	10.7	12:56	0.1	1:09	0.2	4:07	7:29	
2	Sat	8:08	9.4	8:26	11.1	1:57	-0.4	2:07	0.1	4:07	7:29	
3	Sun	9:07	9.6	9:21	11.5	2:54	-0.9	3:03	-0.1	4:08	7:29	
4	Mon	10:05	9.9	10:16	11.7	3:50	-1.4	3:59	-0.3	4:08	7:29	
5	Tue	11:02	10.0	11:12	11.8	4:46	-1.6	4:55	-0.4	4:09	7:28	
6	Wed	11:57	10.1			5:40	-1.7	5:50	-0.4	4:10	7:28	
7	Thu	12:08	11.7	12:52	10.1	6:34	-1.6	6:46	-0.2	4:10	7:28	
8	Fri	1:02	11.3	1:46	10.0	7:27	-1.3	7:42	0.0	4:11	7:27	
9	Sat	1:58	10.8	2:41	9.9	8:21	-0.9	8:41	0.3	4:12	7:27	
10	Sun	2:56	10.2	3:37	9.7	9:16	-0.4	9:41	0.6	4:13	7:26	
11	Mon	3:54	9.6	4:32	9.6	10:10	0.1	10:42	0.8	4:14	7:26	
12	Tue	4:53	9.1	5:26	9.4	11:04	0.6	11:43	1.0	4:14	7:25	
13	Wed	5:53	8.6	6:20	9.4	11:59	1.1			4:15	7:25	
14	Thu	6:53	8.4	7:14	9.4	12:45	1.0	12:54	1.4	4:16	7:24	
15	Fri	7:50	8.2	8:04	9.4	1:42	0.9	1:47	1.5	4:17	7:23	
16	Sat	8:42	8.2	8:50	9.5	2:34	0.8	2:35	1.5	4:18	7:22	
17	Sun	9:29	8.3	9:33	9.6	3:20	0.6	3:19	1.5	4:19	7:22	
18	Mon	10:13	8.4	10:14	9.7	4:02	0.5	4:00	1.4	4:20	7:21	
19	Tue	10:54	8.5	10:53	9.8	4:42	0.3	4:39	1.4	4:21	7:20	
20	Wed	11:33	8.6	11:31	9.9	5:19	0.2	5:17	1.3	4:22	7:19	
21	Thu			12:10	8.7	5:54	0.1	5:54	1.2	4:23	7:18	
22	Fri	12:08	9.9	12:45	8.8	6:29	0.1	6:32	1.1	4:24	7:17	
23	Sat	12:44	9.9	1:21	8.9	7:04	0.0	7:12	1.0	4:25	7:17	
24	Sun	1:23	9.8	1:58	9.1	7:42	0.0	7:56	0.9	4:26	7:16	
25	Mon	2:05	9.7	2:40	9.3	8:23	0.1	8:43	0.8	4:27	7:15	
26	Tue	2:52	9.5	3:25	9.5	9:07	0.1	9:35	0.7	4:28	7:13	
27	Wed	3:43	9.3	4:14	9.8	9:55	0.3	10:30	0.5	4:29	7:12	
28	Thu	4:40	9.1	5:07	10.0	10:47	0.4	11:30	0.3	4:30	7:11	
29	Fri	5:41	9.0	6:06	10.3	11:44	0.5			4:31	7:10	
30	Sat	6:46	9.0	7:07	10.6	12:33	0.0	12:46	0.4	4:32	7:09	
31	Sun	7:51	9.1	8:08	10.9	1:38	-0.3	1:48	0.3	4:33	7:08	