US HARBORS www.USHarbors.com

Portland, ME - Jan 1797

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:55	8.4	12:52	9.5	6:40	1.2	7:15	0.2	7:19	4:19	
2	Mon	1:31	8.4	1:29	9.3	7:19	1.3	7:52	0.3	7:19	4:20	
3	Tue	2:09	8.4	2:10	9.1	8:00	1.3	8:31	0.4	7:19	4:21	
4	Wed	2:49	8.4	2:55	8.9	8:46	1.3	9:14	0.5	7:19	4:22	
5	Thu	3:33	8.5	3:44	8.7	9:36	1.3	10:00	0.6	7:18	4:23	
6	Fri	4:19	8.8	4:38	8.5	10:29	1.1	10:49	0.7	7:18	4:24	
7	Sat	5:10	9.1	5:37	8.4	11:27	0.8	11:43	0.7	7:18	4:25	
8	Sun	6:04	9.4	6:40	8.5			12:28	0.4	7:18	4:26	
9	Mon	7:02	9.9	7:43	8.7	12:41	0.6	1:30	-0.1	7:18	4:27	
10	Tue	7:59	10.4	8:43	9.1	1:40	0.4	2:29	-0.7	7:17	4:29	
11	Wed	8:55	10.9	9:39	9.4	2:38	0.0	3:25	-1.2	7:17	4:30	
12	Thu	9:51	11.3	10:35	9.8	3:33	-0.3	4:20	-1.7	7:16	4:31	
13	Fri	10:46	11.6	11:29	10.0	4:28	-0.6	5:13	-1.9	7:16	4:32	
14	Sat	11:40	11.6			5:23	-0.7	6:06	-1.9	7:15	4:33	
15	Sun	12:22	10.1	12:34	11.5	6:17	-0.8	6:58	-1.7	7:15	4:34	
16	Mon	1:15	10.1	1:29	11.0	7:12	-0.6	7:50	-1.4	7:14	4:36	
17	Tue	2:09	10.0	2:25	10.4	8:09	-0.3	8:44	-0.9	7:14	4:37	
18	Wed	3:04	9.8	3:24	9.7	9:09	0.0	9:39	-0.3	7:13	4:38	
19	Thu	4:00	9.6	4:25	9.1	10:11	0.3	10:35	0.3	7:12	4:39	
20	Fri	4:57	9.4	5:28	8.6	11:15	0.6	11:33	0.8	7:12	4:41	
21	Sat	5:54	9.2	6:31	8.2			12:19	0.7	7:11	4:42	
22	Sun	6:52	9.1	7:33	8.1	12:32	1.2	1:22	0.7	7:10	4:43	
23	Mon	7:47	9.1	8:28	8.1	1:31	1.4	2:18	0.5	7:09	4:45	
24	Tue	8:37	9.2	9:17	8.2	2:23	1.4	3:08	0.4	7:09	4:46	
25	Wed	9:23	9.4	10:01	8.3	3:10	1.3	3:51	0.2	7:08	4:47	
26	Thu	10:05	9.5	10:42	8.4	3:52	1.1	4:31	0.1	7:07	4:49	
27	Fri	10:44	9.6	11:20	8.6	4:31	1.0	5:08	0.0	7:06	4:50	
28	Sat	11:21	9.7	11:55	8.6	5:07	0.9	5:42	-0.1	7:05	4:51	
29	Sun	11:56	9.7			5:42	0.8	6:14	-0.1	7:04	4:53	
30	Mon	12:28	8.7	12:30	9.7	6:18	0.7	6:47	-0.1	7:03	4:54	
31	Tue	1:01	8.8	1:05	9.5	6:54	0.7	7:21	0.0	7:02	4:55	