

Portland, ME - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:58	8.0	4:01	8.5	9:49	2.1	10:22	1.2	6:54	4:05	
2	Tue	4:46	8.1	4:54	8.3	10:42	2.0	11:09	1.3	6:55	4:05	
3	Wed	5:33	8.4	5:49	8.2	11:37	1.7	11:57	1.2	6:56	4:05	
4	Thu	6:21	8.7	6:44	8.3			12:33	1.4	6:57	4:04	
5	Fri	7:07	9.2	7:38	8.5	12:47	1.2	1:26	0.8	6:58	4:04	
6	Sat	7:53	9.7	8:28	8.7	1:35	1.0	2:17	0.2	6:59	4:04	
7	Sun	8:38	10.2	9:17	9.0	2:23	0.7	3:05	-0.4	7:00	4:04	
8	Mon	9:24	10.7	10:06	9.2	3:10	0.5	3:52	-0.8	7:01	4:04	
9	Tue	10:12	11.1	10:56	9.4	3:57	0.2	4:42	-1.2	7:02	4:04	
10	Wed	11:02	11.3	11:47	9.5	4:47	0.0	5:32	-1.4	7:03	4:04	
11	Thu	11:54	11.3			5:38	0.0	6:24	-1.4	7:04	4:04	
12	Fri	12:40	9.5	12:48	11.2	6:32	0.0	7:17	-1.2	7:05	4:04	
13	Sat	1:34	9.5	1:44	10.8	7:28	0.1	8:12	-0.9	7:06	4:04	
14	Sun	2:33	9.4	2:45	10.3	8:29	0.3	9:11	-0.6	7:06	4:04	
15	Mon	3:33	9.4	3:50	9.8	9:34	0.5	10:10	-0.2	7:07	4:04	
16	Tue	4:34	9.4	4:56	9.3	10:41	0.6	11:10	0.2	7:08	4:05	
17	Wed	5:35	9.5	6:02	8.9	11:49	0.6			7:09	4:05	
18	Thu	6:34	9.6	7:08	8.7	12:10	0.6	12:56	0.4	7:09	4:05	
19	Fri	7:30	9.7	8:09	8.6	1:10	0.8	1:57	0.2	7:10	4:06	
20	Sat	8:22	9.8	9:03	8.6	2:06	1.0	2:51	0.0	7:10	4:06	
21	Sun	9:10	9.9	9:52	8.6	2:56	1.0	3:40	-0.2	7:11	4:07	
22	Mon	9:55	9.9	10:37	8.6	3:42	1.1	4:25	-0.2	7:11	4:07	
23	Tue	10:37	9.9	11:19	8.5	4:24	1.1	5:06	-0.2	7:12	4:08	
24	Wed	11:17	9.8	11:58	8.5	5:04	1.2	5:45	-0.1	7:12	4:08	
25	Thu	11:56	9.7			5:43	1.2	6:22	0.1	7:13	4:09	
26	Fri	12:35	8.4	12:33	9.6	6:20	1.3	6:58	0.2	7:13	4:09	
27	Sat	1:12	8.4	1:10	9.4	6:58	1.4	7:34	0.3	7:13	4:10	
28	Sun	1:50	8.3	1:49	9.1	7:38	1.4	8:11	0.5	7:13	4:11	
29	Mon	2:29	8.3	2:31	8.9	8:21	1.5	8:50	0.7	7:14	4:12	
30	Tue	3:10	8.4	3:16	8.6	9:07	1.5	9:32	0.9	7:14	4:12	
31	Wed	3:52	8.5	4:06	8.3	9:57	1.5	10:12	1.1	7:14	4:13	