

Portland, ME - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:04	9.3	4:50	7.8	10:36	0.6	10:47	1.4	6:17	5:29	
2	Mon	5:07	9.3	6:00	7.8	11:43	0.6	11:54	1.3	6:16	5:30	
3	Tue	6:17	9.5	7:12	8.1			12:54	0.3	6:14	5:31	
4	Wed	7:27	9.9	8:16	8.7	1:05	1.0	2:00	-0.2	6:12	5:32	
5	Thu	8:31	10.4	9:13	9.4	2:12	0.4	2:58	-0.7	6:10	5:34	
6	Fri	9:29	10.9	10:05	10.1	3:11	-0.3	3:50	-1.2	6:09	5:35	
7	Sat	10:23	11.1	10:54	10.6	4:07	-0.9	4:40	-1.5	6:07	5:36	
8	Sun	11:15	11.2	11:41	10.9	4:59	-1.3	5:27	-1.5	6:05	5:37	
9	Mon			12:05	10.9	5:50	-1.5	6:13	-1.3	6:03	5:39	
10	Tue	12:27	11.0	12:54	10.5	6:40	-1.5	6:58	-0.8	6:02	5:40	
11	Wed	1:12	10.8	1:44	9.9	7:30	-1.1	7:45	-0.2	6:00	5:41	
12	Thu	1:59	10.4	2:37	9.2	8:21	-0.6	8:34	0.5	5:58	5:42	
13	Fri	2:50	9.8	3:34	8.5	9:17	0.0	9:27	1.2	5:56	5:44	
14	Sat	3:45	9.3	4:34	8.0	10:16	0.6	10:26	1.7	5:55	5:45	
15	Sun	4:46	8.8	5:38	7.6	11:20	1.0	11:30	2.0	5:53	5:46	
16	Mon	5:50	8.5	6:43	7.5			12:27	1.2	5:51	5:47	
17	Tue	6:55	8.5	7:42	7.7	12:37	2.1	1:30	1.2	5:49	5:49	
18	Wed	7:54	8.6	8:33	8.0	1:40	1.9	2:23	1.0	5:47	5:50	
19	Thu	8:43	8.9	9:16	8.4	2:32	1.5	3:07	0.8	5:46	5:51	
20	Fri	9:27	9.1	9:54	8.8	3:16	1.2	3:44	0.5	5:44	5:52	
21	Sat	10:06	9.3	10:29	9.1	3:55	0.8	4:18	0.4	5:42	5:53	
22	Sun	10:43	9.3	11:01	9.4	4:32	0.5	4:49	0.3	5:40	5:55	
23	Mon	11:19	9.3	11:32	9.6	5:06	0.2	5:20	0.3	5:38	5:56	
24	Tue	11:54	9.3			5:41	0.0	5:52	0.4	5:37	5:57	
25	Wed	12:03	9.8	12:29	9.1	6:16	-0.1	6:26	0.5	5:35	5:58	
26	Thu	12:36	9.9	1:06	9.0	6:54	-0.2	7:03	0.6	5:33	5:59	
27	Fri	1:12	9.9	1:48	8.7	7:36	-0.1	7:45	0.8	5:31	6:01	
28	Sat	1:55	9.8	2:36	8.4	8:23	0.1	8:33	1.1	5:29	6:02	
29	Sun	2:46	9.6	3:33	8.2	9:18	0.3	9:29	1.3	5:28	6:03	
30	Mon	3:45	9.5	4:37	8.0	10:19	0.4	10:32	1.4	5:26	6:04	
31	Tue	4:51	9.4	5:47	8.1	11:26	0.5	11:42	1.3	5:24	6:05	