

Portland, ME - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:23	8.6	10:29	10.1	4:11	0.0	4:13	1.2	5:03	8:26	
2	Thu	11:13	8.6	11:16	10.1	5:01	0.0	5:00	1.3	5:03	8:26	
3	Fri	11:59	8.6			5:47	0.0	5:45	1.3	5:04	8:26	
4	Sat	12:00	10.0	12:42	8.6	6:30	0.0	6:27	1.3	5:04	8:25	
5	Sun	12:41	10.0	1:22	8.6	7:09	0.1	7:08	1.4	5:05	8:25	
6	Mon	1:21	9.8	2:00	8.6	7:46	0.2	7:47	1.4	5:06	8:25	
7	Tue	1:59	9.6	2:38	8.6	8:22	0.4	8:27	1.5	5:06	8:24	
8	Wed	2:38	9.4	3:16	8.7	8:58	0.6	9:09	1.5	5:07	8:24	
9	Thu	3:18	9.1	3:55	8.7	9:35	0.7	9:54	1.6	5:08	8:24	
10	Fri	4:02	8.7	4:35	8.8	10:14	1.0	10:40	1.6	5:08	8:23	
11	Sat	4:48	8.4	5:17	8.9	10:55	1.2	11:29	1.5	5:09	8:23	
12	Sun	5:37	8.1	6:01	9.0	11:40	1.4			5:10	8:22	
13	Mon	6:31	7.9	6:50	9.2	12:21	1.4	12:28	1.5	5:11	8:21	
14	Tue	7:29	7.9	7:44	9.5	1:18	1.2	1:22	1.6	5:12	8:21	
15	Wed	8:29	8.0	8:40	9.9	2:17	0.8	2:19	1.4	5:13	8:20	
16	Thu	9:26	8.3	9:35	10.4	3:14	0.4	3:15	1.1	5:13	8:20	
17	Fri	10:21	8.6	10:29	10.8	4:09	-0.1	4:10	0.7	5:14	8:19	
18	Sat	11:15	9.1	11:23	11.2	5:02	-0.6	5:05	0.3	5:15	8:18	
19	Sun			12:08	9.5	5:53	-1.0	5:59	0.0	5:16	8:17	
20	Mon	12:17	11.4	1:00	9.9	6:44	-1.3	6:54	-0.3	5:17	8:16	
21	Tue	1:11	11.5	1:51	10.2	7:34	-1.4	7:49	-0.4	5:18	8:16	
22	Wed	2:04	11.2	2:43	10.4	8:24	-1.3	8:45	-0.4	5:19	8:15	
23	Thu	3:00	10.8	3:36	10.5	9:16	-0.9	9:44	-0.3	5:20	8:14	
24	Fri	3:58	10.2	4:31	10.4	10:09	-0.5	10:45	-0.1	5:21	8:13	
25	Sat	4:58	9.6	5:27	10.2	11:04	0.1	11:48	0.2	5:22	8:12	
26	Sun	6:01	9.0	6:25	10.0			12:01	0.7	5:23	8:11	
27	Mon	7:06	8.6	7:25	9.8	12:52	0.4	1:01	1.1	5:24	8:10	
28	Tue	8:11	8.3	8:26	9.7	1:58	0.5	2:04	1.4	5:25	8:09	
29	Wed	9:12	8.2	9:22	9.7	3:01	0.5	3:04	1.5	5:26	8:08	
30	Thu	10:06	8.3	10:13	9.8	3:56	0.4	3:57	1.5	5:27	8:07	
31	Fri	10:55	8.4	11:00	9.8	4:45	0.3	4:44	1.4	5:28	8:05	