

Portland, ME - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:39	8.5	11:42	9.8	5:29	0.3	5:28	1.3	5:29	8:04	
2	Sun			12:19	8.6	6:08	0.2	6:08	1.2	5:30	8:03	
3	Mon	12:21	9.8	12:55	8.7	6:44	0.2	6:45	1.1	5:31	8:02	
4	Tue	12:58	9.7	1:29	8.9	7:17	0.3	7:22	1.1	5:33	8:01	
5	Wed	1:33	9.6	2:02	8.9	7:48	0.4	7:58	1.1	5:34	7:59	
6	Thu	2:08	9.3	2:35	9.0	8:20	0.5	8:36	1.1	5:35	7:58	
7	Fri	2:45	9.0	3:10	9.1	8:54	0.7	9:16	1.1	5:36	7:57	
8	Sat	3:25	8.7	3:47	9.1	9:31	1.0	10:00	1.2	5:37	7:55	
9	Sun	4:09	8.4	4:29	9.1	10:12	1.2	10:49	1.2	5:38	7:54	
10	Mon	4:58	8.1	5:16	9.2	10:58	1.4	11:42	1.2	5:39	7:52	
11	Tue	5:52	7.9	6:09	9.3	11:49	1.6			5:40	7:51	
12	Wed	6:52	7.8	7:09	9.5	12:40	1.1	12:47	1.6	5:41	7:50	
13	Thu	7:58	8.0	8:12	9.9	1:44	0.8	1:50	1.4	5:43	7:48	
14	Fri	9:01	8.3	9:14	10.4	2:48	0.4	2:53	1.0	5:44	7:47	
15	Sat	9:59	8.9	10:11	10.9	3:46	-0.2	3:52	0.4	5:45	7:45	
16	Sun	10:53	9.5	11:07	11.3	4:40	-0.8	4:48	-0.1	5:46	7:44	
17	Mon	11:46	10.0			5:32	-1.2	5:44	-0.6	5:47	7:42	
18	Tue	12:01	11.5	12:37	10.5	6:22	-1.4	6:38	-0.9	5:48	7:41	
19	Wed	12:54	11.5	1:26	10.8	7:10	-1.4	7:32	-1.0	5:49	7:39	
20	Thu	1:47	11.2	2:15	10.9	7:59	-1.2	8:26	-0.9	5:50	7:37	
21	Fri	2:41	10.6	3:06	10.8	8:49	-0.7	9:22	-0.7	5:52	7:36	
22	Sat	3:37	10.0	4:00	10.5	9:41	-0.1	10:21	-0.3	5:53	7:34	
23	Sun	4:37	9.3	4:57	10.1	10:36	0.5	11:24	0.2	5:54	7:32	
24	Mon	5:39	8.7	5:57	9.7	11:35	1.1			5:55	7:31	
25	Tue	6:44	8.3	7:00	9.4	12:28	0.6	12:38	1.5	5:56	7:29	
26	Wed	7:49	8.1	8:04	9.3	1:36	0.8	1:43	1.7	5:57	7:27	
27	Thu	8:50	8.1	9:03	9.3	2:39	0.8	2:45	1.7	5:58	7:26	
28	Fri	9:44	8.2	9:53	9.5	3:34	0.7	3:39	1.5	5:59	7:24	
29	Sat	10:30	8.4	10:38	9.6	4:21	0.6	4:25	1.3	6:01	7:22	
30	Sun	11:11	8.7	11:19	9.7	5:02	0.5	5:06	1.1	6:02	7:21	
31	Mon	11:48	8.9	11:56	9.7	5:39	0.4	5:44	0.9	6:03	7:19	