

Portland, ME - Jun 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:55	8.8	5:36	8.7	11:13	1.0	11:39	1.7	5:02	8:15	
2	Mon	5:48	8.5	6:26	8.7			12:01	1.2	5:01	8:15	
3	Tue	6:43	8.3	7:15	8.8	12:35	1.7	12:50	1.4	5:01	8:16	
4	Wed	7:39	8.2	8:04	9.0	1:31	1.6	1:40	1.5	5:00	8:17	
5	Thu	8:33	8.2	8:51	9.3	2:25	1.3	2:29	1.5	5:00	8:18	
6	Fri	9:24	8.3	9:34	9.6	3:14	1.0	3:15	1.4	5:00	8:18	
7	Sat	10:10	8.5	10:16	9.9	3:59	0.6	3:58	1.2	4:59	8:19	
8	Sun	10:54	8.7	10:58	10.2	4:41	0.2	4:41	1.0	4:59	8:20	
9	Mon	11:38	8.9	11:40	10.5	5:23	-0.2	5:24	0.8	4:59	8:20	
10	Tue			12:21	9.1	6:06	-0.5	6:09	0.6	4:59	8:21	
11	Wed	12:24	10.7	1:06	9.4	6:50	-0.7	6:55	0.4	4:58	8:22	
12	Thu	1:09	10.9	1:51	9.6	7:35	-0.9	7:44	0.3	4:58	8:22	
13	Fri	1:57	10.8	2:39	9.7	8:21	-0.9	8:35	0.2	4:58	8:23	
14	Sat	2:48	10.7	3:31	9.9	9:11	-0.8	9:31	0.2	4:58	8:23	
15	Sun	3:43	10.4	4:26	10.0	10:04	-0.7	10:30	0.2	4:58	8:23	
16	Mon	4:43	10.1	5:22	10.1	10:59	-0.4	11:32	0.2	4:58	8:24	
17	Tue	5:45	9.7	6:20	10.3	11:55	-0.1			4:58	8:24	
18	Wed	6:49	9.4	7:20	10.4	12:36	0.2	12:55	0.1	4:58	8:25	
19	Thu	7:56	9.2	8:20	10.5	1:42	0.0	1:56	0.3	4:58	8:25	
20	Fri	8:59	9.2	9:17	10.7	2:46	-0.2	2:56	0.4	4:59	8:25	
21	Sat	9:58	9.2	10:10	10.8	3:45	-0.4	3:52	0.4	4:59	8:25	
22	Sun	10:52	9.3	11:01	10.8	4:39	-0.6	4:44	0.5	4:59	8:26	
23	Mon	11:43	9.3	11:49	10.7	5:29	-0.7	5:33	0.5	4:59	8:26	
24	Tue			12:30	9.3	6:16	-0.6	6:21	0.6	4:59	8:26	
25	Wed	12:35	10.5	1:15	9.3	7:01	-0.5	7:06	0.8	5:00	8:26	
26	Thu	1:19	10.3	1:58	9.2	7:42	-0.3	7:49	0.9	5:00	8:26	
27	Fri	2:01	10.0	2:39	9.1	8:23	0.0	8:33	1.1	5:01	8:26	
28	Sat	2:43	9.6	3:22	9.0	9:03	0.3	9:18	1.3	5:01	8:26	
29	Sun	3:27	9.2	4:05	8.9	9:44	0.6	10:05	1.4	5:01	8:26	
30	Mon	4:14	8.8	4:49	8.9	10:26	0.9	10:54	1.5	5:02	8:26	