

Portland, ME - Jul 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:03	8.5	5:34	8.9	11:09	1.2	11:45	1.6	5:02	8:26	
2	Wed	5:54	8.2	6:21	8.9	11:55	1.4			5:03	8:26	
3	Thu	6:47	8.0	7:10	9.1	12:38	1.6	12:44	1.6	5:04	8:26	
4	Fri	7:44	7.9	8:01	9.3	1:33	1.4	1:36	1.6	5:04	8:25	
5	Sat	8:39	8.0	8:51	9.6	2:28	1.1	2:29	1.5	5:05	8:25	
6	Sun	9:31	8.3	9:39	10.0	3:20	0.7	3:19	1.2	5:05	8:25	
7	Mon	10:20	8.6	10:27	10.4	4:07	0.2	4:08	0.9	5:06	8:24	
8	Tue	11:08	9.0	11:14	10.8	4:54	-0.3	4:57	0.5	5:07	8:24	
9	Wed	11:55	9.4			5:40	-0.7	5:46	0.2	5:08	8:24	
10	Thu	12:03	11.1	12:43	9.8	6:27	-1.1	6:36	-0.1	5:08	8:23	
11	Fri	12:52	11.3	1:30	10.1	7:14	-1.3	7:27	-0.3	5:09	8:23	
12	Sat	1:42	11.2	2:19	10.4	8:02	-1.3	8:20	-0.4	5:10	8:22	
13	Sun	2:34	11.0	3:11	10.5	8:51	-1.2	9:16	-0.4	5:11	8:22	
14	Mon	3:29	10.6	4:05	10.6	9:44	-0.9	10:15	-0.3	5:11	8:21	
15	Tue	4:29	10.1	5:02	10.5	10:38	-0.5	11:17	-0.1	5:12	8:20	
16	Wed	5:31	9.6	6:00	10.4	11:36	0.0			5:13	8:20	
17	Thu	6:35	9.2	7:01	10.3	12:21	0.0	12:36	0.4	5:14	8:19	
18	Fri	7:42	8.9	8:03	10.3	1:28	0.1	1:39	0.7	5:15	8:18	
19	Sat	8:46	8.8	9:03	10.3	2:34	0.1	2:42	0.8	5:16	8:17	
20	Sun	9:45	8.9	9:57	10.3	3:33	-0.1	3:39	0.8	5:17	8:17	
21	Mon	10:38	8.9	10:48	10.3	4:26	-0.2	4:31	0.8	5:18	8:16	
22	Tue	11:27	9.0	11:34	10.3	5:15	-0.2	5:19	0.7	5:19	8:15	
23	Wed			12:11	9.1	5:59	-0.2	6:03	0.7	5:20	8:14	
24	Thu	12:17	10.2	12:52	9.2	6:39	-0.1	6:45	0.8	5:21	8:13	
25	Fri	12:57	10.0	1:30	9.2	7:16	0.0	7:25	0.8	5:22	8:12	
26	Sat	1:36	9.8	2:07	9.2	7:52	0.2	8:04	0.9	5:23	8:11	
27	Sun	2:14	9.5	2:43	9.1	8:27	0.4	8:44	1.0	5:24	8:10	
28	Mon	2:53	9.2	3:21	9.1	9:03	0.6	9:26	1.2	5:25	8:09	
29	Tue	3:35	8.8	4:02	9.0	9:42	0.9	10:11	1.3	5:26	8:08	
30	Wed	4:20	8.5	4:45	9.0	10:24	1.2	10:59	1.4	5:27	8:07	
31	Thu	5:09	8.2	5:31	9.0	11:09	1.4	11:50	1.4	5:28	8:06	