

Portland, ME - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:27	10.8	11:06	9.6	4:11	-0.1	4:52	-1.1	7:14	4:14	●
2	Fri	11:15	10.7	11:53	9.5	5:00	0.0	5:38	-1.0	7:14	4:15	●
3	Sat			12:00	10.5	5:46	0.1	6:22	-0.8	7:14	4:16	●
4	Sun	12:36	9.4	12:44	10.2	6:31	0.2	7:03	-0.5	7:14	4:16	●
5	Mon	1:19	9.3	1:27	9.7	7:15	0.5	7:45	-0.1	7:14	4:17	◐
6	Tue	2:02	9.1	2:11	9.3	8:01	0.8	8:26	0.3	7:14	4:18	◐
7	Wed	2:46	8.9	2:59	8.8	8:48	1.0	9:10	0.7	7:14	4:19	◐
8	Thu	3:32	8.7	3:49	8.3	9:38	1.2	9:55	1.1	7:14	4:20	◐
9	Fri	4:19	8.6	4:42	8.0	10:31	1.4	10:43	1.4	7:13	4:22	◐
10	Sat	5:09	8.6	5:38	7.7	11:26	1.4	11:35	1.6	7:13	4:23	◐
11	Sun	6:01	8.6	6:37	7.7			12:25	1.4	7:13	4:24	◐
12	Mon	6:55	8.8	7:34	7.8	12:29	1.6	1:22	1.1	7:12	4:25	◐
13	Tue	7:46	9.1	8:25	8.0	1:24	1.5	2:13	0.7	7:12	4:26	○
14	Wed	8:33	9.5	9:12	8.4	2:14	1.2	2:59	0.2	7:12	4:27	○
15	Thu	9:18	9.9	9:56	8.8	3:00	0.8	3:42	-0.2	7:11	4:28	○
16	Fri	10:02	10.3	10:39	9.2	3:45	0.4	4:24	-0.7	7:11	4:30	○
17	Sat	10:46	10.7	11:21	9.6	4:30	0.0	5:07	-1.1	7:10	4:31	○
18	Sun	11:31	10.9			5:15	-0.4	5:50	-1.3	7:10	4:32	○
19	Mon	12:05	10.0	12:16	11.0	6:02	-0.6	6:34	-1.4	7:09	4:33	○
20	Tue	12:49	10.2	1:04	10.8	6:51	-0.8	7:20	-1.4	7:08	4:35	○
21	Wed	1:36	10.4	1:55	10.5	7:42	-0.8	8:09	-1.1	7:08	4:36	○
22	Thu	2:27	10.4	2:51	10.0	8:37	-0.6	9:02	-0.7	7:07	4:37	○
23	Fri	3:22	10.3	3:52	9.5	9:37	-0.4	9:59	-0.3	7:06	4:38	○
24	Sat	4:21	10.1	4:57	9.1	10:41	-0.2	10:59	0.2	7:05	4:40	◐
25	Sun	5:24	10.0	6:05	8.7	11:49	0.0			7:04	4:41	◐
26	Mon	6:30	9.9	7:15	8.7	12:05	0.5	12:59	-0.1	7:04	4:42	◐
27	Tue	7:35	10.0	8:18	8.8	1:12	0.6	2:04	-0.2	7:03	4:44	◐
28	Wed	8:34	10.1	9:15	9.0	2:15	0.5	3:01	-0.5	7:02	4:45	◐
29	Thu	9:27	10.3	10:05	9.2	3:11	0.3	3:52	-0.6	7:01	4:46	◐
30	Fri	10:16	10.3	10:51	9.3	4:01	0.2	4:39	-0.7	7:00	4:48	◐
31	Sat	11:01	10.3	11:33	9.4	4:47	0.1	5:21	-0.7	6:59	4:49	●