

Portland, ME - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:08	9.4	5:31	10.3	11:08	0.3	11:56	-0.1	6:04	7:16	
2	Thu	6:15	9.1	6:37	10.1			12:13	0.6	6:06	7:14	
3	Fri	7:23	8.9	7:44	10.0	1:05	0.1	1:21	0.8	6:07	7:13	
4	Sat	8:28	9.0	8:48	10.0	2:13	0.1	2:28	0.7	6:08	7:11	
5	Sun	9:27	9.2	9:44	10.1	3:13	0.0	3:28	0.5	6:09	7:09	
6	Mon	10:18	9.4	10:35	10.2	4:06	-0.1	4:20	0.3	6:10	7:07	
7	Tue	11:05	9.6	11:21	10.2	4:53	-0.2	5:08	0.2	6:11	7:06	
8	Wed	11:47	9.7			5:35	-0.1	5:51	0.1	6:12	7:04	
9	Thu	12:04	10.0	12:26	9.8	6:14	0.0	6:32	0.1	6:13	7:02	
10	Fri	12:44	9.8	1:02	9.7	6:50	0.2	7:10	0.2	6:15	7:00	
11	Sat	1:22	9.6	1:38	9.6	7:25	0.4	7:47	0.4	6:16	6:58	
12	Sun	2:00	9.3	2:13	9.5	8:00	0.7	8:26	0.6	6:17	6:56	
13	Mon	2:38	8.9	2:51	9.3	8:37	1.0	9:06	0.8	6:18	6:55	
14	Tue	3:20	8.6	3:32	9.1	9:17	1.3	9:51	1.1	6:19	6:53	
15	Wed	4:06	8.3	4:18	8.9	10:01	1.6	10:40	1.3	6:20	6:51	
16	Thu	4:56	8.0	5:09	8.8	10:50	1.8	11:32	1.4	6:21	6:49	
17	Fri	5:50	7.9	6:04	8.8	11:43	1.8			6:22	6:47	
18	Sat	6:46	8.0	7:01	9.0	12:28	1.3	12:39	1.7	6:24	6:45	
19	Sun	7:44	8.2	7:59	9.3	1:25	1.1	1:38	1.4	6:25	6:44	
20	Mon	8:37	8.7	8:54	9.8	2:21	0.7	2:36	0.9	6:26	6:42	
21	Tue	9:26	9.3	9:45	10.2	3:12	0.2	3:28	0.3	6:27	6:40	
22	Wed	10:13	10.0	10:34	10.7	3:59	-0.3	4:18	-0.4	6:28	6:38	
23	Thu	10:59	10.7	11:23	11.0	4:45	-0.8	5:08	-1.0	6:29	6:36	
24	Fri	11:45	11.2			5:32	-1.1	5:58	-1.4	6:30	6:34	
25	Sat	12:13	11.1	12:33	11.5	6:19	-1.2	6:48	-1.7	6:31	6:33	
26	Sun	1:04	11.0	1:22	11.6	7:08	-1.1	7:40	-1.6	6:33	6:31	
27	Mon	1:56	10.7	2:14	11.4	7:58	-0.9	8:34	-1.4	6:34	6:29	
28	Tue	2:51	10.3	3:09	11.1	8:52	-0.4	9:32	-0.9	6:35	6:27	
29	Wed	3:51	9.8	4:10	10.6	9:51	0.0	10:35	-0.5	6:36	6:25	
30	Thu	4:56	9.4	5:15	10.2	10:54	0.5	11:41	-0.1	6:37	6:23	