

Portland, ME - Jan 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:06	9.2	8:36	8.2	1:48	1.4	2:30	0.7	7:14	4:14	
2	Sun	8:48	9.4	9:24	8.4	2:36	1.3	3:18	0.4	7:14	4:15	
3	Mon	9:30	9.6	10:06	8.6	3:18	1.1	3:54	0.1	7:14	4:16	
4	Tue	10:12	9.8	10:48	8.7	3:54	0.9	4:30	-0.1	7:14	4:17	
5	Wed	10:48	10.0	11:24	8.9	4:30	0.8	5:06	-0.3	7:14	4:18	
6	Thu	11:24	10.1			5:12	0.6	5:42	-0.4	7:14	4:19	
7	Fri	12:00	9.0	12:00	10.1	5:48	0.4	6:18	-0.5	7:14	4:20	
8	Sat	12:36	9.2	12:42	10.1	6:30	0.3	7:00	-0.6	7:13	4:21	
9	Sun	1:12	9.4	1:24	10.0	7:12	0.2	7:42	-0.6	7:13	4:22	
10	Mon	1:54	9.5	2:06	9.8	8:00	0.2	8:24	-0.4	7:13	4:23	
11	Tue	2:42	9.6	3:00	9.5	8:48	0.1	9:12	-0.3	7:13	4:25	
12	Wed	3:30	9.7	3:54	9.2	9:48	0.1	10:06	-0.1	7:12	4:26	
13	Thu	4:30	9.8	5:00	9.0	10:48	0.1	11:06	0.1	7:12	4:27	
14	Fri	5:30	10.0	6:06	8.9	11:54	0.0			7:11	4:28	
15	Sat	6:30	10.2	7:18	9.0	12:06	0.2	1:00	-0.3	7:11	4:29	
16	Sun	7:36	10.4	8:18	9.2	1:12	0.1	2:06	-0.7	7:10	4:30	
17	Mon	8:36	10.8	9:18	9.5	2:18	-0.1	3:06	-1.1	7:10	4:32	
18	Tue	9:30	11.0	10:12	9.8	3:12	-0.3	4:00	-1.4	7:09	4:33	
19	Wed	10:24	11.2	11:06	10.0	4:12	-0.5	4:48	-1.5	7:08	4:34	
20	Thu	11:18	11.1	11:54	10.1	5:00	-0.6	5:36	-1.5	7:08	4:36	
21	Fri			12:06	10.9	5:54	-0.6	6:24	-1.3	7:07	4:37	
22	Sat	12:42	10.0	12:54	10.5	6:42	-0.4	7:06	-0.9	7:06	4:38	
23	Sun	1:24	9.8	1:42	10.0	7:24	-0.1	7:54	-0.4	7:05	4:39	
24	Mon	2:12	9.6	2:30	9.4	8:18	0.2	8:36	0.1	7:05	4:41	
25	Tue	3:00	9.3	3:18	8.8	9:06	0.6	9:24	0.6	7:04	4:42	
26	Wed	3:48	9.0	4:12	8.3	10:00	0.9	10:12	1.1	7:03	4:43	
27	Thu	4:36	8.8	5:06	7.9	10:54	1.2	11:06	1.4	7:02	4:45	
28	Fri	5:30	8.6	6:06	7.7	11:54	1.3			7:01	4:46	
29	Sat	6:24	8.6	7:06	7.7	12:00	1.6	12:54	1.2	7:00	4:47	
30	Sun	7:24	8.8	8:00	7.8	1:00	1.7	1:54	1.0	6:59	4:49	
31	Mon	8:12	9.0	8:48	8.1	1:54	1.5	2:42	0.7	6:58	4:50	