

Portland, ME - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:11	8.8	9:28	9.9	3:02	0.4	3:10	1.0	5:03	8:26	
2	Sun	10:03	8.7	10:14	10.0	3:54	0.3	3:59	1.1	5:03	8:26	
3	Mon	10:50	8.8	10:58	10.0	4:41	0.2	4:43	1.1	5:04	8:26	
4	Tue	11:34	8.8	11:38	10.0	5:24	0.1	5:25	1.1	5:04	8:25	
5	Wed			12:15	8.8	6:04	0.1	6:04	1.1	5:05	8:25	
6	Thu	12:17	9.9	12:54	8.9	6:40	0.1	6:41	1.1	5:06	8:25	
7	Fri	12:54	9.9	1:30	8.9	7:15	0.1	7:18	1.2	5:06	8:24	
8	Sat	1:30	9.8	2:06	8.9	7:49	0.2	7:55	1.2	5:07	8:24	
9	Sun	2:06	9.6	2:42	8.9	8:24	0.3	8:34	1.2	5:08	8:24	
10	Mon	2:44	9.5	3:20	9.0	9:01	0.3	9:16	1.2	5:09	8:23	
11	Tue	3:25	9.3	4:00	9.1	9:41	0.4	10:02	1.2	5:09	8:23	
12	Wed	4:10	9.1	4:43	9.2	10:24	0.5	10:51	1.1	5:10	8:22	
13	Thu	4:59	8.9	5:30	9.4	11:10	0.6	11:44	0.9	5:11	8:21	
14	Fri	5:52	8.8	6:21	9.7			12:00	0.6	5:12	8:21	
15	Sat	6:50	8.8	7:16	10.1	12:41	0.7	12:55	0.6	5:13	8:20	
16	Sun	7:52	8.9	8:14	10.5	1:41	0.3	1:54	0.5	5:13	8:19	
17	Mon	8:54	9.2	9:12	10.9	2:42	-0.2	2:53	0.2	5:14	8:19	
18	Tue	9:53	9.6	10:09	11.4	3:40	-0.7	3:51	-0.2	5:15	8:18	
19	Wed	10:51	10.0	11:05	11.7	4:36	-1.2	4:47	-0.5	5:16	8:17	
20	Thu	11:46	10.3			5:31	-1.6	5:43	-0.8	5:17	8:16	
21	Fri	12:01	11.9	12:41	10.6	6:24	-1.8	6:39	-0.9	5:18	8:16	
22	Sat	12:56	11.8	1:35	10.7	7:17	-1.8	7:34	-0.9	5:19	8:15	
23	Sun	1:50	11.6	2:28	10.7	8:09	-1.6	8:30	-0.7	5:20	8:14	
24	Mon	2:45	11.1	3:22	10.6	9:02	-1.2	9:28	-0.4	5:21	8:13	
25	Tue	3:43	10.5	4:18	10.4	9:56	-0.7	10:28	0.0	5:22	8:12	
26	Wed	4:42	9.9	5:14	10.1	10:51	-0.1	11:29	0.3	5:23	8:11	
27	Thu	5:42	9.3	6:11	9.8	11:48	0.4			5:24	8:10	
28	Fri	6:43	8.8	7:09	9.6	12:31	0.6	12:46	0.9	5:25	8:09	
29	Sat	7:44	8.5	8:06	9.5	1:35	0.7	1:45	1.2	5:26	8:08	
30	Sun	8:43	8.4	9:00	9.5	2:35	0.7	2:42	1.3	5:27	8:06	
31	Mon	9:36	8.4	9:48	9.6	3:28	0.6	3:33	1.3	5:28	8:05	