

Portland, ME - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:24	8.6	10:33	9.7	4:16	0.5	4:19	1.2	5:29	8:04	
2	Wed	11:07	8.7	11:14	9.8	4:58	0.4	5:00	1.1	5:30	8:03	
3	Thu	11:48	8.8	11:53	9.9	5:37	0.2	5:39	1.0	5:32	8:02	
4	Fri			12:25	9.0	6:13	0.2	6:16	0.9	5:33	8:00	
5	Sat	12:30	9.9	1:01	9.1	6:47	0.1	6:52	0.9	5:34	7:59	
6	Sun	1:05	9.8	1:34	9.2	7:19	0.1	7:28	0.8	5:35	7:58	
7	Mon	1:41	9.7	2:08	9.3	7:53	0.1	8:06	0.7	5:36	7:57	
8	Tue	2:17	9.6	2:43	9.4	8:28	0.2	8:47	0.7	5:37	7:55	
9	Wed	2:56	9.4	3:22	9.5	9:07	0.3	9:32	0.7	5:38	7:54	
10	Thu	3:40	9.2	4:06	9.6	9:51	0.4	10:21	0.6	5:39	7:52	
11	Fri	4:30	9.0	4:55	9.7	10:38	0.5	11:15	0.5	5:40	7:51	
12	Sat	5:25	8.9	5:49	9.9	11:31	0.6			5:41	7:50	
13	Sun	6:25	8.8	6:49	10.1	12:13	0.4	12:28	0.6	5:43	7:48	
14	Mon	7:29	8.9	7:52	10.4	1:16	0.2	1:30	0.5	5:44	7:47	
15	Tue	8:35	9.2	8:55	10.8	2:21	-0.2	2:34	0.2	5:45	7:45	
16	Wed	9:36	9.6	9:54	11.2	3:22	-0.7	3:35	-0.2	5:46	7:44	
17	Thu	10:34	10.1	10:51	11.5	4:19	-1.1	4:33	-0.6	5:47	7:42	
18	Fri	11:28	10.5	11:46	11.7	5:13	-1.5	5:29	-0.9	5:48	7:40	
19	Sat			12:21	10.8	6:05	-1.6	6:23	-1.1	5:49	7:39	
20	Sun	12:40	11.6	1:12	10.9	6:56	-1.6	7:17	-1.1	5:50	7:37	
21	Mon	1:33	11.3	2:02	10.8	7:46	-1.3	8:10	-0.9	5:52	7:36	
22	Tue	2:25	10.8	2:53	10.6	8:35	-0.8	9:04	-0.5	5:53	7:34	
23	Wed	3:18	10.2	3:45	10.3	9:26	-0.3	10:00	-0.1	5:54	7:32	
24	Thu	4:14	9.6	4:39	9.9	10:19	0.3	10:58	0.4	5:55	7:31	
25	Fri	5:12	9.0	5:35	9.5	11:14	0.9	11:58	0.7	5:56	7:29	
26	Sat	6:11	8.5	6:32	9.3			12:11	1.3	5:57	7:27	
27	Sun	7:11	8.3	7:31	9.1	12:59	1.0	1:11	1.5	5:58	7:26	
28	Mon	8:11	8.2	8:27	9.2	2:00	1.0	2:10	1.6	5:59	7:24	
29	Tue	9:04	8.3	9:18	9.3	2:56	0.9	3:04	1.5	6:01	7:22	
30	Wed	9:52	8.5	10:04	9.5	3:44	0.8	3:51	1.2	6:02	7:21	
31	Thu	10:35	8.8	10:46	9.7	4:26	0.6	4:32	1.0	6:03	7:19	