

Portland, ME - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:24	10.4	12:36	11.6	6:21	-0.9	6:59	-1.9	7:14	4:14	
2	Tue	1:17	10.4	1:31	11.2	7:16	-0.8	7:52	-1.6	7:14	4:15	
3	Wed	2:12	10.3	2:29	10.7	8:14	-0.5	8:48	-1.2	7:14	4:16	
4	Thu	3:10	10.1	3:31	10.1	9:15	-0.3	9:46	-0.7	7:14	4:17	
5	Fri	4:10	10.0	4:35	9.6	10:20	0.0	10:46	-0.2	7:14	4:18	
6	Sat	5:11	9.8	5:40	9.1	11:26	0.2	11:48	0.2	7:14	4:19	
7	Sun	6:12	9.7	6:46	8.8			12:34	0.2	7:14	4:20	
8	Mon	7:12	9.7	7:48	8.7	12:51	0.5	1:37	0.1	7:14	4:21	
9	Tue	8:08	9.8	8:44	8.7	1:50	0.7	2:34	0.0	7:13	4:22	
10	Wed	8:58	9.9	9:34	8.8	2:42	0.7	3:23	-0.2	7:13	4:23	
11	Thu	9:43	9.9	10:19	8.8	3:29	0.7	4:08	-0.3	7:13	4:24	
12	Fri	10:25	9.9	11:00	8.9	4:12	0.7	4:49	-0.3	7:12	4:25	
13	Sat	11:05	9.9	11:38	8.9	4:52	0.7	5:27	-0.3	7:12	4:26	
14	Sun	11:42	9.8			5:29	0.7	6:02	-0.2	7:12	4:27	
15	Mon	12:15	8.9	12:17	9.7	6:05	0.7	6:35	-0.1	7:11	4:29	
16	Tue	12:50	8.8	12:53	9.5	6:41	0.8	7:09	0.0	7:11	4:30	
17	Wed	1:24	8.8	1:29	9.3	7:18	0.9	7:44	0.2	7:10	4:31	
18	Thu	2:01	8.8	2:08	9.0	7:58	1.0	8:22	0.4	7:09	4:32	
19	Fri	2:39	8.7	2:51	8.7	8:42	1.0	9:04	0.6	7:09	4:34	
20	Sat	3:22	8.8	3:39	8.5	9:29	1.1	9:49	0.8	7:08	4:35	
21	Sun	4:08	8.8	4:31	8.3	10:21	1.0	10:38	0.9	7:07	4:36	
22	Mon	4:58	9.0	5:29	8.2	11:17	0.9	11:33	0.9	7:07	4:37	
23	Tue	5:54	9.3	6:31	8.3			12:18	0.6	7:06	4:39	
24	Wed	6:53	9.7	7:34	8.6	12:32	0.7	1:20	0.1	7:05	4:40	
25	Thu	7:51	10.2	8:33	9.1	1:32	0.4	2:19	-0.5	7:04	4:41	
26	Fri	8:48	10.8	9:28	9.6	2:30	-0.1	3:14	-1.1	7:03	4:43	
27	Sat	9:42	11.3	10:22	10.1	3:25	-0.6	4:07	-1.7	7:02	4:44	
28	Sun	10:36	11.6	11:14	10.5	4:19	-1.0	4:59	-2.0	7:01	4:45	
29	Mon	11:29	11.8			5:13	-1.3	5:50	-2.2	7:00	4:47	
30	Tue	12:06	10.7	12:22	11.7	6:06	-1.4	6:40	-2.1	6:59	4:48	
31	Wed	12:57	10.8	1:15	11.3	7:00	-1.3	7:31	-1.7	6:58	4:49	