

Portland, ME - May 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:04	9.9	3:48	8.9	9:29	0.0	9:41	1.2	5:33	7:42	
2	Wed	3:54	9.4	4:41	8.6	10:20	0.4	10:35	1.6	5:32	7:43	
3	Thu	4:48	9.0	5:35	8.4	11:13	0.8	11:31	1.8	5:30	7:44	
4	Fri	5:44	8.7	6:30	8.3			12:07	1.1	5:29	7:46	
5	Sat	6:42	8.5	7:24	8.4	12:29	1.9	1:02	1.2	5:28	7:47	
6	Sun	7:40	8.5	8:16	8.6	1:29	1.8	1:56	1.2	5:26	7:48	
7	Mon	8:34	8.6	9:03	9.0	2:25	1.5	2:45	1.1	5:25	7:49	
8	Tue	9:23	8.7	9:45	9.3	3:14	1.2	3:28	1.0	5:24	7:50	
9	Wed	10:08	9.0	10:24	9.7	3:57	0.7	4:08	0.8	5:22	7:51	
10	Thu	10:50	9.2	11:01	10.0	4:38	0.3	4:46	0.6	5:21	7:52	
11	Fri	11:31	9.3	11:39	10.3	5:17	-0.1	5:25	0.4	5:20	7:54	
12	Sat			12:12	9.5	5:57	-0.4	6:05	0.3	5:19	7:55	
13	Sun	12:18	10.6	12:54	9.6	6:38	-0.7	6:47	0.2	5:18	7:56	
14	Mon	12:59	10.7	1:37	9.6	7:21	-0.8	7:31	0.2	5:17	7:57	
15	Tue	1:43	10.8	2:24	9.6	8:07	-0.9	8:19	0.3	5:16	7:58	
16	Wed	2:31	10.7	3:15	9.5	8:57	-0.8	9:12	0.4	5:14	7:59	
17	Thu	3:24	10.5	4:12	9.5	9:51	-0.6	10:10	0.6	5:13	8:00	
18	Fri	4:23	10.2	5:12	9.5	10:49	-0.4	11:12	0.6	5:12	8:01	
19	Sat	5:27	10.0	6:14	9.6	11:49	-0.3			5:11	8:02	
20	Sun	6:33	9.8	7:17	9.8	12:18	0.6	12:51	-0.1	5:11	8:03	
21	Mon	7:40	9.7	8:17	10.2	1:26	0.4	1:54	-0.1	5:10	8:04	
22	Tue	8:45	9.8	9:14	10.5	2:32	0.0	2:53	-0.1	5:09	8:05	
23	Wed	9:44	9.9	10:06	10.8	3:31	-0.4	3:48	-0.2	5:08	8:06	
24	Thu	10:38	9.9	10:54	10.9	4:25	-0.7	4:38	-0.1	5:07	8:07	
25	Fri	11:30	9.9	11:41	10.9	5:16	-0.9	5:26	0.0	5:06	8:08	
26	Sat			12:18	9.8	6:04	-1.0	6:12	0.2	5:06	8:09	
27	Sun	12:26	10.8	1:05	9.6	6:50	-0.8	6:57	0.5	5:05	8:10	
28	Mon	1:10	10.6	1:49	9.4	7:33	-0.6	7:40	0.8	5:04	8:11	
29	Tue	1:52	10.2	2:33	9.1	8:17	-0.3	8:24	1.1	5:04	8:12	
30	Wed	2:36	9.9	3:19	8.9	9:00	0.1	9:10	1.4	5:03	8:13	
31	Thu	3:21	9.5	4:06	8.7	9:45	0.4	9:58	1.6	5:02	8:14	