

Portland, ME - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:10	9.1	4:55	8.6	10:32	0.7	10:50	1.8	5:02	8:15	
2	Sat	5:01	8.8	5:44	8.6	11:19	1.0	11:42	1.8	5:01	8:15	
3	Sun	5:53	8.5	6:33	8.6			12:07	1.2	5:01	8:16	
4	Mon	6:47	8.4	7:23	8.8	12:37	1.8	12:57	1.3	5:00	8:17	
5	Tue	7:43	8.4	8:11	9.1	1:33	1.6	1:47	1.3	5:00	8:18	
6	Wed	8:36	8.5	8:57	9.5	2:26	1.2	2:36	1.1	5:00	8:18	
7	Thu	9:26	8.7	9:40	9.9	3:15	0.8	3:21	0.9	4:59	8:19	
8	Fri	10:13	8.9	10:22	10.3	4:00	0.3	4:06	0.7	4:59	8:20	
9	Sat	10:58	9.2	11:06	10.7	4:45	-0.2	4:50	0.5	4:59	8:20	
10	Sun	11:44	9.4	11:51	11.0	5:29	-0.6	5:36	0.2	4:59	8:21	
11	Mon			12:31	9.7	6:15	-1.0	6:23	0.1	4:58	8:22	
12	Tue	12:38	11.2	1:19	9.8	7:03	-1.2	7:13	0.0	4:58	8:22	
13	Wed	1:26	11.2	2:09	9.9	7:51	-1.3	8:04	0.0	4:58	8:23	
14	Thu	2:18	11.1	3:02	10.0	8:42	-1.2	8:59	0.1	4:58	8:23	
15	Fri	3:13	10.9	3:59	10.0	9:37	-1.0	9:58	0.2	4:58	8:24	
16	Sat	4:13	10.5	4:58	10.0	10:33	-0.7	11:01	0.3	4:58	8:24	
17	Sun	5:15	10.1	5:58	10.1	11:32	-0.4			4:58	8:24	
18	Mon	6:20	9.8	6:58	10.2	12:06	0.3	12:32	-0.1	4:58	8:25	
19	Tue	7:25	9.5	7:58	10.3	1:12	0.2	1:33	0.1	4:58	8:25	
20	Wed	8:30	9.4	8:55	10.4	2:18	0.1	2:33	0.3	4:59	8:25	
21	Thu	9:29	9.3	9:47	10.5	3:18	-0.2	3:29	0.4	4:59	8:25	
22	Fri	10:24	9.3	10:37	10.6	4:12	-0.4	4:20	0.5	4:59	8:26	
23	Sat	11:14	9.3	11:23	10.6	5:02	-0.5	5:08	0.6	4:59	8:26	
24	Sun			12:02	9.3	5:49	-0.5	5:53	0.7	5:00	8:26	
25	Mon	12:07	10.4	12:46	9.2	6:32	-0.4	6:36	0.8	5:00	8:26	
26	Tue	12:49	10.3	1:28	9.1	7:13	-0.3	7:17	1.0	5:00	8:26	
27	Wed	1:29	10.1	2:08	9.0	7:52	-0.1	7:58	1.1	5:01	8:26	
28	Thu	2:09	9.8	2:48	8.9	8:31	0.2	8:39	1.3	5:01	8:26	
29	Fri	2:50	9.5	3:30	8.8	9:10	0.4	9:23	1.4	5:01	8:26	
30	Sat	3:33	9.2	4:13	8.8	9:51	0.6	10:10	1.6	5:02	8:26	