

Portland, ME - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:15	8.5	5:41	9.2	11:20	1.1	11:57	1.2	5:29	8:04	
2	Thu	6:08	8.3	6:31	9.3			12:10	1.1	5:30	8:03	
3	Fri	7:05	8.3	7:26	9.6	12:53	1.0	1:05	1.1	5:31	8:02	
4	Sat	8:05	8.5	8:23	10.1	1:53	0.6	2:03	0.9	5:32	8:01	
5	Sun	9:04	8.8	9:19	10.6	2:51	0.2	3:00	0.5	5:33	7:59	
6	Mon	9:59	9.3	10:14	11.1	3:46	-0.4	3:56	0.1	5:35	7:58	
7	Tue	10:53	9.8	11:07	11.5	4:39	-1.0	4:50	-0.4	5:36	7:57	
8	Wed	11:46	10.3			5:31	-1.4	5:44	-0.8	5:37	7:55	
9	Thu	12:01	11.7	12:38	10.7	6:22	-1.7	6:38	-1.0	5:38	7:54	
10	Fri	12:55	11.7	1:30	10.9	7:13	-1.8	7:32	-1.1	5:39	7:53	
11	Sat	1:48	11.5	2:22	11.0	8:04	-1.6	8:28	-1.0	5:40	7:51	
12	Sun	2:43	11.1	3:16	10.9	8:56	-1.2	9:26	-0.7	5:41	7:50	
13	Mon	3:41	10.6	4:13	10.6	9:51	-0.7	10:26	-0.4	5:42	7:48	
14	Tue	4:42	9.9	5:11	10.3	10:48	-0.2	11:29	-0.1	5:43	7:47	
15	Wed	5:45	9.4	6:11	10.1	11:48	0.4			5:45	7:45	
16	Thu	6:49	9.0	7:13	9.8	12:34	0.2	12:50	0.8	5:46	7:44	
17	Fri	7:53	8.7	8:14	9.7	1:40	0.4	1:53	1.0	5:47	7:42	
18	Sat	8:54	8.7	9:10	9.7	2:42	0.4	2:53	1.1	5:48	7:41	
19	Sun	9:47	8.7	10:00	9.8	3:37	0.3	3:45	1.0	5:49	7:39	
20	Mon	10:35	8.8	10:46	9.9	4:25	0.2	4:32	0.9	5:50	7:38	
21	Tue	11:18	9.0	11:27	9.9	5:08	0.2	5:14	0.8	5:51	7:36	
22	Wed	11:57	9.1			5:47	0.1	5:53	0.8	5:52	7:34	
23	Thu	12:06	9.9	12:34	9.2	6:23	0.1	6:30	0.7	5:54	7:33	
24	Fri	12:43	9.8	1:09	9.2	6:56	0.2	7:05	0.7	5:55	7:31	
25	Sat	1:18	9.7	1:42	9.3	7:28	0.3	7:41	0.7	5:56	7:29	
26	Sun	1:53	9.5	2:15	9.3	8:01	0.4	8:18	0.8	5:57	7:28	
27	Mon	2:29	9.2	2:50	9.3	8:36	0.6	8:57	0.8	5:58	7:26	
28	Tue	3:08	9.0	3:28	9.3	9:14	0.8	9:41	0.9	5:59	7:24	
29	Wed	3:52	8.7	4:11	9.3	9:57	0.9	10:29	0.9	6:00	7:23	
30	Thu	4:40	8.5	5:00	9.3	10:44	1.1	11:22	0.9	6:01	7:21	
31	Fri	5:34	8.4	5:54	9.5	11:36	1.1			6:03	7:19	