

Portland, ME - Nov 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:58	10.3	8:24	10.4	1:39	-0.4	2:09	-0.5	6:16	4:32	
2	Fri	8:51	10.8	9:20	10.6	2:34	-0.7	3:05	-1.0	6:17	4:31	
3	Sat	9:42	11.2	10:13	10.7	3:26	-0.9	3:59	-1.4	6:18	4:30	
4	Sun	10:32	11.4	11:05	10.7	4:16	-0.9	4:50	-1.6	6:20	4:28	
5	Mon	11:20	11.4	11:56	10.4	5:05	-0.7	5:40	-1.5	6:21	4:27	
6	Tue			12:08	11.2	5:53	-0.4	6:29	-1.3	6:22	4:26	
7	Wed	12:45	10.1	12:55	10.8	6:42	0.0	7:18	-0.8	6:24	4:25	
8	Thu	1:36	9.6	1:45	10.3	7:31	0.5	8:09	-0.3	6:25	4:24	
9	Fri	2:28	9.2	2:37	9.7	8:23	1.0	9:03	0.2	6:26	4:22	
10	Sat	3:23	8.8	3:33	9.2	9:18	1.4	9:58	0.6	6:28	4:21	
11	Sun	4:19	8.5	4:31	8.9	10:17	1.6	10:54	1.0	6:29	4:20	
12	Mon	5:15	8.5	5:29	8.6	11:16	1.7	11:50	1.1	6:30	4:19	
13	Tue	6:10	8.5	6:27	8.6			12:16	1.7	6:32	4:18	
14	Wed	7:02	8.7	7:22	8.6	12:44	1.2	1:13	1.4	6:33	4:17	
15	Thu	7:50	9.0	8:11	8.7	1:34	1.1	2:03	1.1	6:34	4:16	
16	Fri	8:32	9.3	8:56	8.9	2:17	1.0	2:47	0.7	6:35	4:15	
17	Sat	9:11	9.6	9:38	9.1	2:57	0.8	3:26	0.4	6:37	4:14	
18	Sun	9:48	9.9	10:18	9.2	3:34	0.7	4:04	0.0	6:38	4:13	
19	Mon	10:24	10.1	10:57	9.3	4:10	0.6	4:42	-0.2	6:39	4:12	
20	Tue	11:01	10.3	11:36	9.3	4:48	0.5	5:20	-0.4	6:41	4:12	
21	Wed	11:39	10.4			5:27	0.4	6:01	-0.6	6:42	4:11	
22	Thu	12:16	9.3	12:20	10.5	6:09	0.4	6:43	-0.6	6:43	4:10	
23	Fri	12:59	9.3	1:04	10.4	6:54	0.4	7:30	-0.6	6:44	4:09	
24	Sat	1:46	9.2	1:54	10.3	7:43	0.5	8:20	-0.5	6:45	4:09	
25	Sun	2:39	9.2	2:50	10.1	8:37	0.6	9:15	-0.3	6:47	4:08	
26	Mon	3:37	9.2	3:51	9.8	9:37	0.7	10:14	-0.2	6:48	4:08	
27	Tue	4:38	9.4	4:56	9.7	10:41	0.6	11:15	-0.1	6:49	4:07	
28	Wed	5:40	9.6	6:03	9.6	11:48	0.4			6:50	4:07	
29	Thu	6:41	10.0	7:10	9.7	12:17	-0.1	12:55	0.0	6:51	4:06	
30	Fri	7:40	10.4	8:12	9.8	1:19	-0.2	1:58	-0.4	6:53	4:06	