

Portland, ME - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:01	10.6	10:39	9.4	3:45	0.1	4:26	-0.9	7:14	4:14	
2	Wed	10:47	10.6	11:25	9.3	4:32	0.2	5:12	-0.9	7:14	4:15	
3	Thu	11:31	10.4			5:17	0.3	5:54	-0.7	7:14	4:16	
4	Fri	12:08	9.2	12:13	10.2	6:00	0.4	6:35	-0.5	7:14	4:16	
5	Sat	12:49	9.1	12:53	9.9	6:41	0.6	7:14	-0.2	7:14	4:17	
6	Sun	1:30	8.9	1:34	9.5	7:23	0.9	7:54	0.1	7:14	4:18	
7	Mon	2:11	8.7	2:17	9.1	8:06	1.1	8:35	0.5	7:14	4:19	
8	Tue	2:55	8.6	3:04	8.7	8:53	1.3	9:18	0.8	7:14	4:20	
9	Wed	3:40	8.5	3:53	8.3	9:42	1.5	10:04	1.0	7:13	4:22	
10	Thu	4:27	8.5	4:46	8.0	10:34	1.5	10:51	1.3	7:13	4:23	
11	Fri	5:16	8.5	5:42	7.9	11:29	1.5	11:42	1.4	7:13	4:24	
12	Sat	6:07	8.6	6:40	7.9			12:26	1.3	7:12	4:25	
13	Sun	6:59	8.9	7:36	8.0	12:36	1.4	1:23	0.9	7:12	4:26	
14	Mon	7:50	9.3	8:28	8.3	1:29	1.2	2:15	0.4	7:12	4:27	
15	Tue	8:38	9.8	9:16	8.7	2:19	0.9	3:02	-0.1	7:11	4:28	
16	Wed	9:24	10.3	10:03	9.1	3:07	0.5	3:49	-0.7	7:11	4:30	
17	Thu	10:11	10.8	10:50	9.5	3:55	0.0	4:35	-1.1	7:10	4:31	
18	Fri	10:58	11.1	11:37	9.9	4:43	-0.4	5:21	-1.5	7:10	4:32	
19	Sat	11:47	11.3			5:32	-0.7	6:08	-1.7	7:09	4:33	
20	Sun	12:24	10.1	12:36	11.3	6:22	-0.8	6:56	-1.7	7:08	4:35	
21	Mon	1:13	10.3	1:28	11.0	7:14	-0.8	7:46	-1.5	7:08	4:36	
22	Tue	2:04	10.3	2:23	10.6	8:09	-0.7	8:39	-1.1	7:07	4:37	
23	Wed	3:00	10.2	3:23	10.0	9:08	-0.5	9:35	-0.7	7:06	4:38	
24	Thu	3:58	10.1	4:26	9.5	10:11	-0.2	10:34	-0.2	7:05	4:40	
25	Fri	4:59	9.9	5:33	9.1	11:17	-0.1	11:37	0.2	7:04	4:41	
26	Sat	6:02	9.8	6:41	8.8			12:26	0.0	7:04	4:42	
27	Sun	7:05	9.8	7:47	8.7	12:42	0.5	1:33	-0.1	7:03	4:44	
28	Mon	8:05	9.9	8:45	8.8	1:46	0.6	2:33	-0.3	7:02	4:45	
29	Tue	8:59	10.0	9:38	8.9	2:43	0.5	3:25	-0.4	7:01	4:46	
30	Wed	9:48	10.1	10:25	9.0	3:33	0.5	4:13	-0.5	7:00	4:48	
31	Thu	10:33	10.1	11:08	9.1	4:19	0.4	4:56	-0.5	6:59	4:49	