

Portland, ME - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:56	9.8	11:22	9.2	4:44	0.4	5:11	-0.2	6:16	5:29	
2	Sun	11:33	9.7	11:56	9.3	5:21	0.3	5:45	-0.1	6:15	5:31	
3	Mon			12:08	9.6	5:56	0.3	6:16	0.0	6:13	5:32	
4	Tue	12:28	9.3	12:43	9.4	6:30	0.3	6:48	0.2	6:11	5:33	
5	Wed	1:00	9.3	1:17	9.1	7:05	0.4	7:21	0.4	6:09	5:34	
6	Thu	1:33	9.2	1:54	8.8	7:42	0.5	7:57	0.7	6:08	5:36	
7	Fri	2:09	9.1	2:35	8.5	8:23	0.6	8:37	1.0	6:06	5:37	
8	Sat	2:50	9.0	3:21	8.2	9:08	0.8	9:22	1.2	6:04	5:38	
9	Sun	3:36	8.9	4:13	8.0	9:58	0.9	10:13	1.3	6:02	5:39	
10	Mon	4:28	8.9	5:11	7.9	10:54	0.9	11:09	1.4	6:01	5:41	
11	Tue	5:27	9.0	6:14	8.1	11:55	0.7			5:59	5:42	
12	Wed	6:30	9.3	7:17	8.5	12:11	1.2	12:59	0.4	5:57	5:43	
13	Thu	7:34	9.8	8:16	9.1	1:15	0.8	1:59	-0.2	5:55	5:44	
14	Fri	8:32	10.4	9:09	9.8	2:15	0.1	2:54	-0.8	5:54	5:46	
15	Sat	9:27	10.9	10:00	10.4	3:11	-0.6	3:45	-1.3	5:52	5:47	
16	Sun	10:20	11.3	10:50	11.0	4:04	-1.2	4:35	-1.7	5:50	5:48	
17	Mon	11:13	11.5	11:39	11.3	4:57	-1.7	5:24	-1.9	5:48	5:49	
18	Tue			12:05	11.4	5:49	-1.9	6:13	-1.8	5:46	5:51	
19	Wed	12:28	11.4	12:57	11.1	6:41	-1.9	7:02	-1.4	5:45	5:52	
20	Thu	1:18	11.3	1:50	10.6	7:34	-1.6	7:54	-0.8	5:43	5:53	
21	Fri	2:10	10.9	2:48	9.9	8:30	-1.2	8:49	-0.2	5:41	5:54	
22	Sat	3:07	10.4	3:50	9.3	9:30	-0.6	9:49	0.4	5:39	5:55	
23	Sun	4:08	9.8	4:54	8.8	10:34	-0.1	10:53	1.0	5:37	5:57	
24	Mon	5:13	9.4	6:00	8.5	11:41	0.3			5:36	5:58	
25	Tue	6:19	9.1	7:05	8.5	12:00	1.3	12:48	0.5	5:34	5:59	
26	Wed	7:23	9.1	8:03	8.6	1:08	1.3	1:49	0.5	5:32	6:00	
27	Thu	8:19	9.2	8:53	8.8	2:07	1.1	2:41	0.4	5:30	6:01	
28	Fri	9:08	9.3	9:37	9.1	2:58	0.9	3:26	0.3	5:28	6:03	
29	Sat	9:52	9.4	10:16	9.3	3:42	0.6	4:05	0.3	5:27	6:04	
30	Sun	10:32	9.5	10:52	9.4	4:21	0.4	4:41	0.2	5:25	6:05	
31	Mon	11:09	9.5	11:25	9.6	4:58	0.2	5:13	0.3	5:23	6:06	