

Portland, ME - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:07	10.3	1:48	9.1	7:31	-0.3	7:38	0.8	5:01	8:15	
2	Mon	1:48	10.3	2:31	9.1	8:14	-0.4	8:23	0.8	5:01	8:16	
3	Tue	2:33	10.3	3:18	9.2	9:00	-0.4	9:13	0.8	5:01	8:17	
4	Wed	3:23	10.2	4:10	9.3	9:50	-0.3	10:08	0.8	5:00	8:18	
5	Thu	4:19	10.0	5:06	9.4	10:43	-0.3	11:07	0.7	5:00	8:18	
6	Fri	5:19	9.8	6:03	9.7	11:39	-0.2			4:59	8:19	
7	Sat	6:22	9.7	7:02	10.0	12:10	0.6	12:38	-0.1	4:59	8:20	
8	Sun	7:27	9.7	8:02	10.4	1:15	0.3	1:38	-0.1	4:59	8:20	
9	Mon	8:32	9.7	8:59	10.8	2:20	-0.1	2:38	-0.2	4:59	8:21	
10	Tue	9:33	9.8	9:53	11.1	3:20	-0.6	3:34	-0.2	4:58	8:21	
11	Wed	10:30	9.9	10:45	11.3	4:17	-1.0	4:28	-0.2	4:58	8:22	
12	Thu	11:25	10.0	11:36	11.3	5:10	-1.2	5:20	-0.2	4:58	8:22	
13	Fri			12:18	9.9	6:02	-1.3	6:10	0.0	4:58	8:23	
14	Sat	12:26	11.2	1:08	9.8	6:52	-1.2	7:00	0.2	4:58	8:23	
15	Sun	1:15	11.0	1:57	9.6	7:40	-0.9	7:49	0.5	4:58	8:24	
16	Mon	2:02	10.6	2:45	9.4	8:27	-0.6	8:38	0.8	4:58	8:24	
17	Tue	2:50	10.1	3:34	9.1	9:15	-0.2	9:28	1.1	4:58	8:25	
18	Wed	3:40	9.6	4:24	9.0	10:03	0.2	10:21	1.4	4:58	8:25	
19	Thu	4:32	9.2	5:14	8.9	10:52	0.6	11:15	1.6	4:59	8:25	
20	Fri	5:25	8.8	6:04	8.8	11:40	0.9			4:59	8:25	
21	Sat	6:18	8.5	6:53	8.9	12:10	1.7	12:29	1.2	4:59	8:26	
22	Sun	7:14	8.3	7:43	9.0	1:06	1.6	1:19	1.4	4:59	8:26	
23	Mon	8:09	8.2	8:31	9.2	2:02	1.5	2:09	1.4	4:59	8:26	
24	Tue	9:02	8.3	9:16	9.4	2:54	1.2	2:57	1.4	5:00	8:26	
25	Wed	9:50	8.4	9:59	9.7	3:40	0.8	3:41	1.3	5:00	8:26	
26	Thu	10:35	8.6	10:40	10.0	4:23	0.5	4:23	1.1	5:01	8:26	
27	Fri	11:18	8.8	11:21	10.3	5:04	0.1	5:05	0.9	5:01	8:26	
28	Sat			12:01	9.0	5:45	-0.2	5:48	0.8	5:01	8:26	
29	Sun	12:03	10.5	12:44	9.2	6:27	-0.5	6:32	0.6	5:02	8:26	
30	Mon	12:46	10.7	1:27	9.4	7:10	-0.7	7:18	0.4	5:02	8:26	