

Portland, ME - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:31	10.8	2:12	9.6	7:55	-0.8	8:06	0.3	5:03	8:26	
2	Wed	2:18	10.7	3:00	9.7	8:42	-0.8	8:58	0.3	5:03	8:26	
3	Thu	3:10	10.5	3:52	9.9	9:32	-0.8	9:54	0.3	5:04	8:25	
4	Fri	4:06	10.3	4:47	10.0	10:24	-0.6	10:53	0.2	5:05	8:25	
5	Sat	5:05	10.0	5:44	10.2	11:20	-0.4	11:55	0.2	5:05	8:25	
6	Sun	6:08	9.7	6:42	10.3			12:17	-0.1	5:06	8:25	
7	Mon	7:13	9.4	7:43	10.4	1:00	0.1	1:18	0.1	5:07	8:24	
8	Tue	8:19	9.3	8:42	10.6	2:06	-0.1	2:20	0.2	5:07	8:24	
9	Wed	9:21	9.3	9:39	10.8	3:08	-0.4	3:18	0.3	5:08	8:23	
10	Thu	10:19	9.4	10:32	10.9	4:06	-0.6	4:13	0.3	5:09	8:23	
11	Fri	11:12	9.5	11:22	10.9	4:59	-0.8	5:05	0.3	5:10	8:22	
12	Sat			12:03	9.5	5:49	-0.8	5:55	0.4	5:11	8:22	
13	Sun	12:11	10.8	12:50	9.5	6:36	-0.7	6:42	0.5	5:11	8:21	
14	Mon	12:57	10.6	1:35	9.4	7:20	-0.6	7:27	0.6	5:12	8:20	
15	Tue	1:40	10.3	2:18	9.3	8:02	-0.3	8:12	0.8	5:13	8:20	
16	Wed	2:23	9.9	3:01	9.1	8:44	0.0	8:56	1.0	5:14	8:19	
17	Thu	3:07	9.5	3:44	9.0	9:25	0.3	9:43	1.3	5:15	8:18	
18	Fri	3:53	9.1	4:29	8.9	10:08	0.7	10:32	1.4	5:16	8:18	
19	Sat	4:42	8.7	5:14	8.9	10:51	1.0	11:22	1.5	5:17	8:17	
20	Sun	5:32	8.4	6:01	8.9	11:37	1.3			5:18	8:16	
21	Mon	6:25	8.1	6:50	8.9	12:14	1.6	12:25	1.5	5:19	8:15	
22	Tue	7:20	8.0	7:41	9.1	1:09	1.5	1:16	1.6	5:20	8:14	
23	Wed	8:17	8.0	8:31	9.3	2:05	1.3	2:08	1.5	5:21	8:13	
24	Thu	9:10	8.2	9:19	9.7	2:57	0.9	2:59	1.4	5:22	8:12	
25	Fri	9:58	8.5	10:06	10.1	3:46	0.5	3:47	1.1	5:23	8:11	
26	Sat	10:45	8.8	10:51	10.5	4:31	0.1	4:34	0.7	5:24	8:10	
27	Sun	11:31	9.2	11:38	10.8	5:16	-0.4	5:21	0.3	5:25	8:09	
28	Mon			12:17	9.6	6:01	-0.8	6:09	0.0	5:26	8:08	
29	Tue	12:25	11.1	1:03	9.9	6:47	-1.1	6:58	-0.3	5:27	8:07	
30	Wed	1:13	11.2	1:49	10.2	7:33	-1.2	7:49	-0.4	5:28	8:06	
31	Thu	2:02	11.1	2:38	10.4	8:21	-1.2	8:41	-0.4	5:29	8:05	