

Portland, ME - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:55	10.8	3:30	10.5	9:11	-1.0	9:38	-0.4	5:30	8:04	
2	Sat	3:51	10.4	4:26	10.5	10:04	-0.7	10:38	-0.2	5:31	8:02	
3	Sun	4:52	9.9	5:24	10.4	11:00	-0.3	11:40	-0.1	5:32	8:01	
4	Mon	5:55	9.5	6:24	10.3	11:59	0.1			5:33	8:00	
5	Tue	7:01	9.2	7:26	10.3	12:46	0.0	1:02	0.4	5:34	7:58	
6	Wed	8:08	9.0	8:29	10.3	1:53	0.0	2:06	0.6	5:35	7:57	
7	Thu	9:10	9.0	9:27	10.4	2:57	-0.1	3:07	0.6	5:37	7:56	
8	Fri	10:07	9.1	10:20	10.4	3:55	-0.2	4:03	0.6	5:38	7:54	
9	Sat	10:58	9.2	11:09	10.4	4:46	-0.4	4:53	0.5	5:39	7:53	
10	Sun	11:46	9.3	11:55	10.4	5:33	-0.4	5:40	0.5	5:40	7:52	
11	Mon			12:29	9.4	6:17	-0.3	6:24	0.5	5:41	7:50	
12	Tue	12:38	10.2	1:09	9.4	6:56	-0.2	7:05	0.6	5:42	7:49	
13	Wed	1:18	10.0	1:47	9.3	7:34	0.0	7:45	0.7	5:43	7:47	
14	Thu	1:56	9.7	2:24	9.2	8:10	0.2	8:24	0.8	5:44	7:46	
15	Fri	2:36	9.4	3:02	9.1	8:46	0.5	9:05	1.0	5:45	7:44	
16	Sat	3:17	9.0	3:42	9.0	9:25	0.8	9:49	1.2	5:47	7:43	
17	Sun	4:01	8.7	4:25	8.9	10:06	1.1	10:36	1.3	5:48	7:41	
18	Mon	4:49	8.3	5:10	8.9	10:50	1.4	11:26	1.4	5:49	7:40	
19	Tue	5:40	8.1	5:59	8.9	11:38	1.6			5:50	7:38	
20	Wed	6:34	7.9	6:52	9.0	12:19	1.4	12:29	1.7	5:51	7:36	
21	Thu	7:32	8.0	7:47	9.2	1:17	1.3	1:25	1.6	5:52	7:35	
22	Fri	8:30	8.2	8:42	9.6	2:15	0.9	2:22	1.3	5:53	7:33	
23	Sat	9:23	8.6	9:34	10.1	3:09	0.5	3:16	0.9	5:54	7:32	
24	Sun	10:12	9.1	10:24	10.6	3:59	-0.1	4:07	0.3	5:56	7:30	
25	Mon	11:00	9.7	11:14	11.1	4:46	-0.6	4:57	-0.2	5:57	7:28	
26	Tue	11:48	10.2			5:34	-1.1	5:48	-0.7	5:58	7:27	
27	Wed	12:04	11.3	12:36	10.6	6:21	-1.4	6:39	-1.0	5:59	7:25	
28	Thu	12:54	11.4	1:24	10.9	7:09	-1.5	7:30	-1.2	6:00	7:23	
29	Fri	1:45	11.3	2:14	11.0	7:58	-1.4	8:24	-1.1	6:01	7:21	
30	Sat	2:39	10.9	3:06	11.0	8:48	-1.0	9:20	-0.9	6:02	7:20	
31	Sun	3:36	10.4	4:02	10.7	9:43	-0.6	10:20	-0.6	6:03	7:18	