

Portland, ME - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:24	8.5	5:55	7.5	11:44	1.6	11:49	1.8	7:14	4:14	
2	Mon	6:14	8.6	6:54	7.5			12:42	1.4	7:14	4:15	
3	Tue	7:06	8.8	7:50	7.6	12:43	1.8	1:37	1.1	7:14	4:16	
4	Wed	7:56	9.1	8:40	7.8	1:36	1.7	2:27	0.7	7:14	4:17	
5	Thu	8:43	9.5	9:27	8.2	2:25	1.5	3:14	0.2	7:14	4:18	
6	Fri	9:29	10.0	10:12	8.5	3:11	1.1	3:58	-0.2	7:14	4:19	
7	Sat	10:14	10.4	10:57	8.8	3:57	0.7	4:42	-0.6	7:14	4:20	
8	Sun	11:00	10.7	11:41	9.2	4:44	0.3	5:26	-1.0	7:13	4:21	
9	Mon	11:47	10.9			5:31	0.0	6:11	-1.2	7:13	4:22	
10	Tue	12:26	9.5	12:34	10.9	6:19	-0.2	6:56	-1.3	7:13	4:24	
11	Wed	1:12	9.8	1:23	10.7	7:10	-0.3	7:43	-1.1	7:12	4:25	
12	Thu	2:00	10.0	2:16	10.3	8:04	-0.3	8:33	-0.8	7:12	4:26	
13	Fri	2:52	10.0	3:14	9.8	9:01	-0.2	9:25	-0.4	7:12	4:27	
14	Sat	3:47	10.0	4:16	9.2	10:02	-0.1	10:21	0.1	7:11	4:28	
15	Sun	4:45	9.9	5:21	8.7	11:07	0.0	11:21	0.5	7:11	4:29	
16	Mon	5:46	9.8	6:30	8.4			12:15	0.1	7:10	4:31	
17	Tue	6:50	9.8	7:39	8.3	12:26	0.9	1:24	0.0	7:10	4:32	
18	Wed	7:53	9.8	8:40	8.4	1:31	1.0	2:26	-0.1	7:09	4:33	
19	Thu	8:50	9.9	9:35	8.5	2:32	1.0	3:22	-0.3	7:08	4:34	
20	Fri	9:43	10.0	10:25	8.7	3:26	0.8	4:12	-0.4	7:08	4:36	
21	Sat	10:31	10.1	11:10	8.8	4:15	0.7	4:58	-0.4	7:07	4:37	
22	Sun	11:15	10.1	11:51	8.8	5:00	0.6	5:39	-0.4	7:06	4:38	
23	Mon	11:56	9.9			5:42	0.6	6:17	-0.2	7:05	4:40	
24	Tue	12:29	8.9	12:34	9.7	6:22	0.6	6:52	0.0	7:05	4:41	
25	Wed	1:05	8.9	1:12	9.3	7:01	0.7	7:26	0.2	7:04	4:42	
26	Thu	1:40	8.8	1:51	8.9	7:41	0.9	8:01	0.6	7:03	4:43	
27	Fri	2:17	8.8	2:32	8.5	8:23	1.0	8:39	0.9	7:02	4:45	
28	Sat	2:56	8.7	3:18	8.0	9:08	1.2	9:20	1.3	7:01	4:46	
29	Sun	3:39	8.6	4:07	7.7	9:56	1.3	10:05	1.6	7:00	4:48	
30	Mon	4:25	8.5	5:02	7.4	10:49	1.4	10:54	1.9	6:59	4:49	
31	Tue	5:17	8.5	6:03	7.2	11:47	1.4	11:50	2.0	6:58	4:50	